

- 1
- 2
- 3

;

, ,

—

() [6]. [4, 13, 14].

[8, 15]. [1]. (Aveol)

398 04.06.09 .). (Avenea sativa L.)

() [5]. , ,

[19].

[14]. [1].

[2, 9, 10, 16-18]. , [1, 19].

[11]. [3]. , -

[2, 5].

	(=80)	(=62)	
	100±3,5 12,5±2,0	100±5,0 42,0±3,0	>0,1 <0,001
	100±3,9 12,5±2,0	100±5,0 38,7±2,9	>0,1 <0,001
	100±3,9 12,5±2,0	100±5,0 42,0±3,0	>0,1 <0,001
	95,0±3,8 10,0±1,8	93,5±4,9 48,4±3,2	>0,05 <0,01
	100±3,9 15,0±2,1	100±5,0 64,5±3,9	>0,1 <0,001
	87,5±3,6 10,0±1,8	87,1±4,2 46,8±3,1	>0,1 <0,01
	80,0±3,5 25,0±2,4	80,6±4,1 64,5±3,9	>0,1 <0,01
	100±3,9 23,8±2,4	100±5,0 51,6±3,3	>0,1 <0,01
	100±3,9 27,5±2,5	100±5,0 54,8±3,4	>0,1 <0,05

: — . , — .
 :
 3,4 , : 95,0±3,8%
 (<0,001), — 93,5±4,9%
 3,1 (<0,001), (>0,05).
 — 3,4 (<0,001),
 — 4,3 (<0,001).
 9,5
 — , 10,0±1,8%.
 (87,5±3,6% 87,1±4,2%
 ; >0,1), 1,9
 (95,0±3,8% 93,5±4,9%; >0,05), 48,4±3,2%.
 (80,0±3,5% 80,6±4,1%; >0,1),
 4,84 (<0,001).
 ,
 ,
 , (80,0±3,5%)
 , (80,6±4,1%) >0,1.
) ,
 , 3,2
 ,
 8,75 1,25 .
 10,0±1,8% 87,5±3,6%
 (<0,001).
 1,86 25,0±2,4%
 — 64,5±3,9%,
 46,8±3,1%, 2,6 (<0,01).
 4,68 ,
 (<0,001).
 ()

4,2
(<0,001).

1,94 (<0,01).

(

)

(

2,17 (<0,01).

1,95 — 1,89 (<0,001),
(<0,001).

1,82
(<0,001) 1,74 —
(<0,001).

1,5 (<0,01)
— 1,47 (<0,001).

(12,5±0,6)%, 2,12
(<0,001)

3,6 (12,8±0,8)%,
2,07 (<0,001).

(27,5±2,5)%.

1,82
(>0,1),
(54,8±3,4)%.

2 (<0,05).

2

(±)

				2
		(=80)	(=62)	
(%)	28,6±0,8	14,7±0,8 1<0,001	15,1±0,9 1<0,001	>0,1
	4,0±0,06	2,2±0,09 1<0,001	2,3±0,08 1<0,001	>0,1
(%)	16,9±0,6	11,3±0,6 1<0,001	11,5±0,5 1<0,001	>0,1
(%)	26,5±0,9	12,5±0,6 1<0,001	12,7±0,8 1<0,001	>0,1

$(<0,05), \quad - 1,13 \quad (>0,05), \quad - 1,14$
 $(>0,05) \quad - 1,5 \quad (<0,01).$

1,9

3

2, 2010 17

1,8

1,5

(27,6±0,5)%, - 3,9±0,04, - (16,7±0,5)%,

2,1

— (25,6±0,7)%,

3.

4.

1. : 04.06.09 . 398.
2. : -
/ // . - 2003. -
10. - . 31-39.
3. -
/ , ' ,
// - 2009. - . 12, 6. -
38-42.
4. -
: 14.01.02 " /
- , 2004. - 33 .
5. / // .
; , 2003. - . 1 (47). - . 74-82
6. (,) /
- - 2000. - . 9,
4. - . 5-10.
7. : -
MedStat/ , -
- , 2006. - 214 .
8. -
/ , //
- 2006. - 3 (29). - . 4-7.
9. -
/ , //
- 2006. - 4 (30). - . 13-17.

10. . . . / , -
// . - 2006. - 1. - . 8-13.
11. . . . -
/ , 1 (16). -
46-62.
12. . . . /
// - 1989. -
8. - . 121-122.
13. . . . /
// - 2003. - . 6, 4. -
164-167.
14. . . . -
/ // - 2007. -
2. - . 16- 22.
15. Bacon B.R. Treatment of nonalcoholic steatohepatitis /
B.R.Bacon//Curr. Gastroenterol. Rep. - 2004. - Vol. 6, 1. -
P. 9-11.
16. Brunt E.M. Non-alcoholic steatohepatitis definition and
pathology/ E.M. Brunt// Sem. Liv. Dis. - 2001. - Vol. 21. -
P. 3-16.
17. Pessayre P. Nonalcoholic steatohepatitis: potential
causes and pathogenic mechanisms / P. Pessayre, A. Mansouri,
B. Fromenty//Hepatol. - 2000. - Vol. 35 - P. 57-76.
18. The natural history of nonalcoholic fatty liver disease:
a population-based cohort study / L.A. Adams, J.F. Lymp, St.
Sauer J. [e.a.] // Gastroenterology. - 2005. - Vol. 129(1). -
113-121.
19. Wiart C. Medicinal plants of Asia and Pacific / C. Wiart. -
Taylor&Francis Group, 2006. - 295 p.

10.12.2009

... , ... , ... , ... , ... , ...

:

(), (), ().

...

:

(), (), ().

T.P. Garnik, V.M. Frolov, V.D. Luk'yanchuk, N.A. Peresadin, I.V. Bilousova

EFFICIENCY OF AVEOL IN THE COMPLEX OF MEDICAL REHABILITATION OF THE PATIENTS WITH NON-ALCOHOLIC STEATOHEPATITIS, COMBINED WITH THE CHRONIC FATIGUE SYNDROME, AND HIS INFLUENCE ON INDEXES OF MACROPHAGAL PHAGOCYtic SYSTEM

Key words: non-alcoholic steatohepatitis, chronic fatigue syndrome, aveol, medical rehabilitation, macrophagal phagocytic system

Efficiency of aveol in the complex of medical rehabilitation of the patients with nonalcoholic steatohepatitis (NASH), combined with the chronic fatigue syndrome (CFS) and his influence on the indexes of macrophagal phagocytic system (MPS) was studied. It is set that including of aveol in the complex of facilities of medical rehabilitation for patients with NASH, combined with CFS, provided the normalization of indexes of MPS.

616.342-002.44-06-036.65-076/-78:576.8

^ . . , - .

• , .

Cy ac a epa i pa o o x opo a- [1-3, 6].
a a o (BX) po e e -
epa a i H.pylori (HP) a o e
o ic o epe po o a oc pe a
yc a e ax op a . o y c p (),
po o op o pe c e oc i Hp-
o o o e i cxe a e i o a ep o -
pann ^),rn;o p a a c , o
a io i a ^ po ^ i ^ pra A ^ T, e oc a -