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### **Methodological approaches to existential crisis research**

The article considered the notion of existential crisis and the underlying causes of its occurrence. The basic stages of experiencing existential crisis of identity and the impact of crises and emergencies in the formation of life–giving positions of the individual. Existential crisis is interpreted and assessed the situation as a choice of the most convenient way of life. The problem of existential crisis impact on the formation of individual life position, despite considerable research experience in some of its aspects, remains to this day the most significant and relevant. Currently still scope of the problem field of the formation of a vital creative position is not clearly defined. In the present study of these promising areas of learning this process are only identified. One of them is allocation factors of forming life creative position.

**Keywords:** existentialism, being, existence, existential crisis, identity crisis, a crisis of values, life path, personality.

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