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HOMEOPATHIC MEDICAMENTS IN THE TREATMENT OF
SPORTS INJURIES

: 616.831 - 092.18

Key words: sports, injury, homeopathic medicines.

Worldwide an increase in physical and psychological stress in the sport of higher achievements is observed, and the popularity of amateur sports is growing. There is a constant tendency to increased injuries among athletes, which currently holds over 80% of all disease conditions in this group of the population. Among the areas of medical treatment and preventive adaptogenic effects that are widely used are therapy, herbal medicine, pharmacotherapy, physical therapy and other effective of medicine. High efficiency in homeopathic medicine has been proven, there is a wide international experience of homeopathic medicines that are put into state and national pharmacopoeia in Europe, America, India and Ukraine, officially registered in most countries. A more widespread adoption of homeopathy in sports medicine as an effective therapeutic and prophylactic measure of the natural medicine is perspective.

[1]

().

[7,8]

[9]

[2,3,4].

%,

20 50

4,2 32,45

20

2,4%

16,6%,

[10].

-

38,5%

14,5%,

31

40

21

30

3,9%

41

50

—

4,4

1,9 %

18,1%

[5].

79%

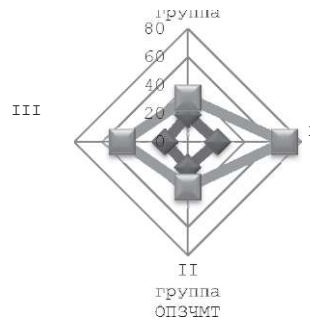
[6].

[11].

[8].

[1,5]

34-80,1%



1.

[12].

18 46 146

55 -

28

18 28

- 18

1.

- 55 (27,4%)

201

21 (38,2%),

- 18 (32,7%)

- 16

29,1%.

2,7

I 89

(),

:

31 (62%),

(38%).

). II

(50

(),

2

. [8]

. [9]

2.

III 62

18 39

-143 (71,1±4%).

28

(44,9±4%) 40

28 ; 28

(31,5±6%) -

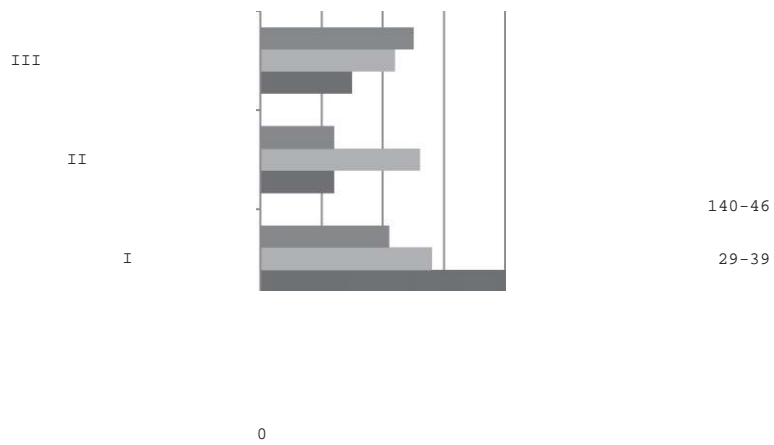
18

21

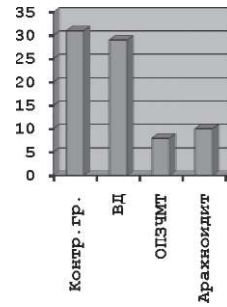
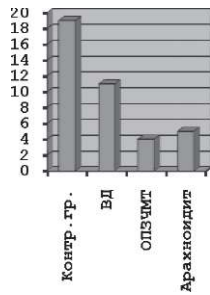
(23,6±9%) - 40-46

2.

29-39



2.



2.

18 28

- 26 (52%)
29 39 -

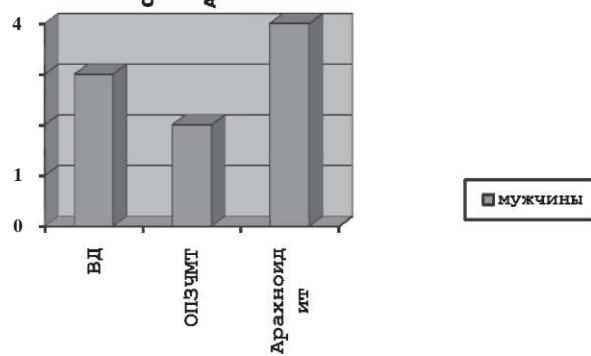
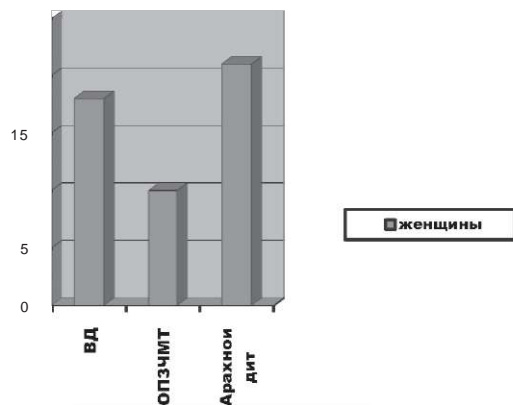
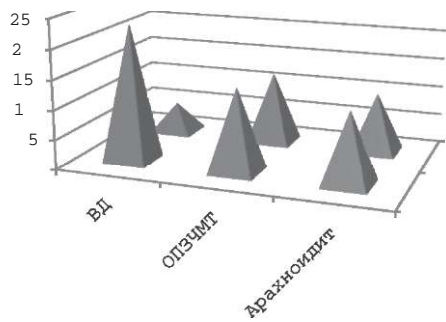
(24,2±9%), 18 28 15

18-28 40-46
12 24%

- 25 (40,3±2%) -
40 46 ; 22 (35,5±8%) -
29 39 , . . .
47 (75,8%) -

18 28 -

[5]



4. 29 39

18 28

18 28

3. 29 (27,5%) 46

(72,5%), - 11 - 40

(66,7%), - 4 (33,4%) 8

12 III

15 : 10 - 18 (85,7%), 21 - 3 (14,3%).

(66,7%) 5 (33,3%)

29 39

23 (82,1%), - 5 (17,9%)

28

26 - 14 (53,8%), - 12

(46,2%).

22

5. 40

(54,5%) - 10 (45,5%)

40 46

5.

25

- 21 (84%), - 4 (16%).

4.

2

[8,9]

