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• . . . , . . . ” ,
• « »

6-12% ; (), 15-25%
2-3) ; (, . « » (F33.1) -
[6, 14, 15]. , 86,1% - « » (F33.2) - 60 (47,6%)
10%
30% -

[2, 10]. F33.1 30 32 F33.2 30 F33.2.
[10, 12].

125 1 2 4
[4, 8, 9].
() [5, 21]. 7 > [1].

[3]. ()
(Amomum subulatum)
8%
» , , P-

0108 09465). [19].
[20].
(Ginkgo biloba) -

[20].
 [13] () CD3+
 () CD4+ ()
 /) CD8+ ()
 /) CD22+ ()
).
 Ortho Diagnostic Systems Inc (USA),
 (,),
 [16].
 > ,
 > ,
 - Pentium III 800
 Intel
 [20]. (Embllica officinalis Microsoft Excel Stadia 6.1./prof Statistica [7].
 L.)
 [19].
 :
 (CD4+)
 [20].
 CD4/CD8)
 [16]. / (CD8+)
 [19].
 (Hydrocotyle (CD22+)
 asiatica) ()
 [16].
 (F33.1) (F33.2)
 (. 1).
 F33.1
 [20]. (Herpestis monniera) - CD3+ ()
 () ,
 () ,
 (0,87±0,02)-109/ , 1,49
 (P<0,001), F33.2
 CD3+-
 [20]. ()
 (0,82±0,01)-109/ ,
 1,59 (P<0,001).
 CD3+- F33.1
 1,32
 (52,7±0,69)% (P<0,01),
 F33.2 - 1,44 ,
 (48,7±0,7)% (P<0,01) (.1).
 [3].
 F33.1,
 CD3+ ()

(0,86±0,03)-10⁹/ , 1,51 33,1,
(<0,001). 1,26
33.2 3+- (36,1±0,8)% , 1,48
(0,83±0,01)-10⁹/ , (30,8±0,9)% (<0,001).
1,57 (<0,001). 33.1 - / (4+-)
3+- , 1,31 ()
(53,2±0,82)% (<0,01), , -
33.2 - 1,42 , 4+ (,
(48,9±0,7)% (<0,01).) 33.2.
8+- ,
3+, - / (4+). , (- 8+)
- / 4+ (- 33.1
(0,36±0,01)-10⁹/ , 33.2 -
33.1 (0,34±0,01)-10⁹/ ((0,43±0,01)-10⁹/); (<0,05).
(0,59±0,01)-10⁹/ , 1,46 8+-
((0,86±0,02)-10⁹/); 33.1 33.2
<0,001; 33.2 4/ 8,
- / (0,52±0,01)-10⁹/ , -
1,65 (<0,001). - - (1/) -
4+- 33.1 -
33.1, , 1,28 1,23 1,64±0,03
(35,7±0,7)% , (<0,001), 33.2 -
33.2 - 1,51 - 1,53±0,03, 1,32 , 2,02±0,03
(30,2±0,8)% (<0,001). 4+- (<0,001).
- / (- 33.1
(0,60±0,02)-10⁹/ , 1,43 - (0,36±0,02)-10⁹/ ,
((0,86±0,02)-10⁹/) (<0,001); 33.2 - (0,34±0,03)-10⁹/ (<0,05).
33.2 - (0,53±0,02)-10⁹/ , 1,62 8+- 33.1
(<0,001). 4+- - 33.2

I

(±)

		(=64)		(=62)	
		33.1	33.2	33.1	33.2
3+ % 10 ⁹ /	69,6±1,6 1,3±0,03	52,7±0,69** 0,87±0,02***	48,5±0,7*** 0,82±0,01***	53,2±0,82** 0,86±0,03***	48,9±0,7*** 0,83±0,01***
4+ % 10 ⁹ /	45,6±1,1 0,86±0,02	35,7±0,7* 0,59±0,01**	30,2±0,8*** 0,52±0,01***	36,1±0,8* 0,60±0,02**	30,8±0,9*** 0,53±0,02***
8+ % 10 ⁹ /	22,7±0,6 0,43±0,01	21,8±0,6 0,36±0,01*	19,8±0,8 0,34±0,01*	22,0±0,5 0,36±0,02*	20,1±0,7 0,34±0,03*
22+ % 10 ⁹ /	21,3±0,6 0,41±0,01	21,2±0,7 0,35±0,01*	19,7±0,8 0,33±0,02*	21,3±0,6 0,35±0,02*	19,8±0,7 0,33±0,01*
4/ 8	2,02±0,03	1,64±0,03***	1,53±0,03***	1,67±0,03***	1,56±0,03***
, %	65,5±1,2	54,2±1,4***	45,9±1,6***	54,8±1,6***	46,2±1,2***

: I 2 * - <0,05, ** - <0,01, *** <0,001.

! 4/ 8 (46,2±1,2)%
 33.1 (65,5±1,2)% (<0,001).
 1,21 33.2
 1,67±0,03 (<0,001), 33.2 -
 1,56±0,03, 1,29
 (<0,001).
 22+ ((4+) / (8+)
) 4/ 8,
 (0,35±0,01)-10⁹/ 33.1 -
 (=0,05) (0,33±0,02)-10⁹/ 33.2 (<0,05). 33.1
 (>0,05). 33.2.
 22+
 33.1
 (0,35±0,02)-10⁹/ (=0,05) (0,33±0,02)-10⁹/
 33.2 (<0,05);
 (>0,05).
 4+ (- /
 4/ 8.
 33.1 -
 (54,2±1,4)%,
 1,21 33.2
 (45,9±1,6)%,
 33.1 1,43 (65,5±1,2)% (<0,001). (3+ 4+ , 4/
) (. 2).
 (54,8±1,6)%,
 33.1 3+-
 1,2 (69,0±1,1)% (>0,05),
 33.2 (1,28±0,03)-10⁹/
 1,42
 2
 (±)

		(=64)		(=62)	
		33.1	33.2	33.1	33.2
3+ % 10 ⁹ /	69,6±1,6 1,3±0,03	69,0±1,1 1,28±0,03	68,4±1,3 1,21±0,01	60,2±1,4** 1,02±0,03*	57,4±1,2* 0,98±0,02**
4+ % 10 ⁹ /	45,6±1,1 0,86±0,02	44,9±1,0 0,85±0,03	44,3±1,4 0,82±0,02	43,4±1,1* 0,75±0,03**	37,6±1,3* 0,64±0,02**
8+ % 10 ⁹ /	22,7±0,6 0,43±0,01	22,6±0,5 0,43±0,01	22,1±0,7 0,42±0,01	22,1±0,5 0,39±0,01*	21,4±0,7 0,37±0,01*
22+ % 10 ⁹ /	21,3±0,6 0,41±0,01	21,2±0,5 0,40±0,01	20,5±0,8 0,39±0,03	21,4±0,6 0,40±0,02	21,1±0,8 0,39±0,01*
4/ 8	2,02±0,03	1,98±0,02	1,95±0,03	1,92±0,02*	1,73±0,03**
, %	65,5±1,2	64,9±1,4	64,1±1,3	59,6±1,2*	54,2±1,4**

33.2		3+-	4+ / 8+ (/)	33.1
		(68,4±1,3)%,		1,92±0,03,
		- (1,21±0,01)-10 ⁹ / ,	33.2 - 1,73±0,03,	
		-	1,17	
4+-		-	33.1	
33.1		(59,6±1,2)%,	33.2 - (54,2±1,4)%,	
(44,9±1,0)%,		33.2 - (44,3±1,4)%,	1,1 1,21	
		-	,	
		4+-	,	
			,	
33.1	(0,85±0,03)-10 ⁹ / ,	33.2 -	,	
(0,82±0,02)-10 ⁹ / .		-	,	
		-	.	
		8+	33.1	
33.2		22+,		
33.1			1.	
22+-		-		
(<0,01).	33.2	(0,40±0,01)-10 ⁹ /	-	
		-		
(0,39±0,03)-10 ⁹ / ,		-	2.	
			,	
		4+ / 8+ (/)	-	
33.1			,	
1,98±0,02,	33.2	- 1,95±0,03,	-	
		-	/	
(64,9±1,4)%,	33.1	(4+),	- /	
	33.2 - (64,1±1,3)%.	(8+),	4+ / 8+	
	,	-		
		,	(22+)	
3+-			,	
33.1			-	
(60,2±1,4)% (>0,05),	1,16	;		
- (1,02±0,03)-10 ⁹ / ,	1,27	3.	33.2	
	3+-		,	
33.2			,	
(57,4±1,2)%,		33.1.		
(0,98±0,01)-10 ⁹ / ,	1,21 1,33	4.		
	4+-	-		
	33.1	-		
(43,4±1,1)%,	33.2		,	
- (37,6±1,2)%.			,	
4+-			- /	
	33.1	(0,75±0,03)-10 ⁹ / ,	(4+),	
33.2 -	(0,64±0,02)-10 ⁹ / .	(8+)	- /	
		-	4 / 8	
			,	
8+	33.1	33.2.		
22+,	33.1	-		
	22+-	-	5.	
(0,40±0,02)-10 ⁹ / (<0,01).	33.2	-		
		-	,	
	(0,39±0,01)-10 ⁹ / ,		,	

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() 33.1 33.2 ().

(4+), 4+/ 8+ / (8+), 4+/ 8+

I.F. Teryoshina

INFLUENCE OF AMIKSIN AND PHYTOPREPARATION INTELLAN ON CELLULAR IMMUNITY AT PATIENTS WITH MODERATE AND SEVERE RECURRENT DEPRESSIVE DISORDER WITHOUT PSYCHOTIC SYMPTOMS DURING TREATMENT IN THE OUTPATIENT CONDITIONS

Key words: recurrent depressive disorder, amiksin, intellan, outpatient conditions.

This article presented a theoretical rationale and relevant practical decision of important scientific problems in clinical psychiatry - increasing efficiency of treatment in patients with recurrent depressive disorder (RDR) different

severity in outpatient conditions. In patients with a diagnosis of F33.1 F33.2 disorders of major immunological parameters that characterized the state of cellular immunity were identified. That included T-lymphopenia, imbalance of subpopulation of T-lymphocytes and reducing immunoregulatory index CD4 + / CD8 + in the majority of patients. These data suggested that the presence of secondary immunodeficiency of cell mediated immunity was a feature of recurrent depressive disorder, and inclusion of modern immunoactive drug amiksin and phytopreparation intellan in the comprehensive treatment could be considered as pathogenetically warranted and promising, as it helped to increase of cellular immunity and restore immunological homeostasis of the patient.

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[1, 8, 9].

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[2, 4, 6, 7].

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