

## **CONTENTS**

Balamutova N.M., Babadganjan V.V. Hydro aerobics as means for physical state improvement	
of female students	3
Berezka S.M. Football as a professional sport, and the prospects for its development in Ukraine	7
Voitovska O.N. Computer diagnostics of level of professional competence formation of future physical culture teachers in the biological disciplines study	11
Ivaniy I.W. The essential characteristic of health preserving competence of physical education teacher	18
<b>Kirpenko V.N.</b> The functional model of optimization of the special physical preparation of students in the period of flying practice	23
Konovalov V.V., PoddubnyA.G., Poltavec A.I. Forming a motivation to the studies by the military-applied exercises for the cadets of few specialties of university of civil defence of Ministry of emergency measures of Ukraine.	31
Mukhamediarov N.N. Methodological foundations of healthy lifestyle	36
Palladina O.L. Formation of healthy lifestyle among schoolchildren with overweight and obesity	39
Perederij V.V. The problem of the quality of judging in rhythmic gymnastics	43
Reshetniak O.A. Characteristics of the physical heart trained and untrained students depending on the level of bioelements in the body.	47
Sergienko V.N. The complex testing control of students' motor abilities aged 17-20 years	52
Serhiyenko L.P., Lyshevska V.M. Soles dermatoglyphics in the prognosis of sports endowment: differences of soles dermatoglyphics in sportsmen of different sport kinds.	57
Stepanchenko N. I. Structure and state of the university of physical culture students' professional-pedagogical motivation.	62
Strikalenko E.A. Comparison of economic activity leading U.S. sports leagues.	69
Reza Andam, Asieh Ghorbanian Rajabi, Nooshin Benar. The study of self-concept between volunteer and non-volunteer students in sport of universities	73
Information for Authors	78