

CONTENTS

Beliak Yu. I. Classification and methodical features of fitness and wellness facilities	3
Borysova Yu.Yu., Vlasyuk E.A. Computer technology as a pedagogical innovation in physical education of schoolchildren	8
Voropay S.M., Buryanovaty O.M. The influence of special acrobatic classes on the expression levels of sustainability of the vestibular analyzer of young 6-8 year-old all-round fighters attending basic training groups.....	13
Iermakova T.S. Education of children in Polish family in a context of forming health culture	17
Korol S. A. Assessment of physical health and physical fitness of students of technical specialties of I course.	23
Martyniuk O.V. Justification for experimental methods for circuit training aerobics classes first mature age women.	30
Marchenko O. Iu. Gender aspects of formation of value potential of students' physical training.	38
Pichurin V.V. Psychological and psycho-physical training as a part of physical education of students in higher educational establishments.....	44
Radzievskiy R. M. Tensodynamometric and spatial-temporal characteristics of defensive moving reaction of a law-enforcement officer in response to an attack of an armed enemy.....	49
Svystun Yu.D., Trach V.M., Chornobaj I. M., Shavel Kh. E. Physical preparedness and functional status of young players in the competition period	54
Tkachenko S.N. Health-technology in the classroom with the girls playing football of secondary school age	61
Ghazal Mohamadi, Masoome Shojaee, Afkham Daneshfar, Zahra Nili Ahmadabad. Impact of shift in focus of attention on learning table tennis backhand with self-talk in high school females students	66
Lazarieva Olena, Cieślicka Mirosława, Stankiewicz Błażej, Muszkieta Radosław, Prusik Krzysztof. Physical rehabilitation of low back pain based on a conceptual system approaches	74
Marya Rehmani Ghobadi, Rastegar Hoseini. Investigating the effects of physical activity levels, dairy products and calcium intakes on risk factors of osteoporosis prevention in female students of Islamic Azad University of Damavand, Iran	79
Information for Authors	83