

HEALTHSAVING ACTIVITY OF COMPREHENSIVE EDUCATIONAL ESTABLISHMENTS' LEADERS AS PSYCHOLOGICAL AND PEDAGOGICAL PROBLEM

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Annotation. *Purpose:* to show the essence and structural components of healthsaving activity of comprehensive educational establishments' leader. *Material:* conducted an analysis of psychological and pedagogical sources. *Results:* healthsaving activity of comprehensive educational establishments' leader was conducted. An integral part of leader's management-pedagogical activity directed on creation of healthy environment (physical-subjective, psychological-communicative, educational) of educational establishment. Also floating, saving and strengthening of health of all participants (pupils, pedagogues, parents) of pedagogical process. It was analysed contents of main components (planning, organization, stimulation, control) of healthsaving activity of leader. *Conclusions:* constant pedagogical monitoring allows to estimate an effectiveness of educational work of establishment according to the degree of achievement of assigned tasks and to make corresponding corrections in a decision of healthsaving questions of pedagogical process participants.

Key words: comprehensive educational establishment, leader, healthsaving activity, management.

Introduction

In modern social-cultural conditions there exist rather high requirements to professional competence of administrators of education, in particular to headmasters of comprehensive educational establishment (CEE) that was resulted from realization of governmental educational policy, oriented on reforming and upgrading of educational branch, substantial renewal of content and structure of educational establishments' functioning.

One of the most important aspects of CEE headmaster's functioning is his (her) ability to effectively and independently solve different tasks in field of health preservation of schoolchildren that was conditioned by a number of factors.

For example, it is quite undoubted that in solution of problem of schoolchildren's health preservation, as the highest value and state of human welfare in all aspects – physical, psychic, social and spiritual – school is of the first priority.

At the same time we have to state that, in spite of great attention of government to development of personality's health through education, actual school practice have not been ensuring yet preservation and improvement of pupils' health. It is witnessed by such statistic data: up to 80-90% of school age children have health problems; for the period of studying at school from 1st to 9th forms quantity of healthy pupils reduces 4 times.

Such situation is a result of many social-pedagogic factors, among which there are: unfavorable ecology, insufficient stimulation for healthy life style, spreading of harmful habits (smoking, alcohol, drugs, toxic substances taking and etc.).

Alongside with it as per data of World health protection organization significant portion of children's and youth's diseases is of the so-called "didactic" nature (insufficient organization of school physical education, didactic neurosis, stresses, over-tiredness), i.e. is directly caused by school.

In such conditions the problem of increasing of CEE headmaster's health related functioning becomes very important, because organization of pedagogic process, which would create safe and comfortable conditions for schoolchildren at school, prevention from stresses, overloading and over-tiredness, directly depends on him (her); headmaster shall ensure individual trajectory of teaching and personality's education and, thus, facilitates preservation and strengthening of schoolchildren's health.

Analysis of psychological-pedagogic resources permits to make conclusion that problem of health related functioning of CEE headmaster is studied in the following directions:

- main principles of theory of management of comprehensive educational establishments, work with pedagogues, organization of educational process subjects' interaction (Ye. Berezniak, V. Bondar, Yu. Vasylyev, G. Dmytrenko, G. Yelnikova, L. Kalinina, L. Karamushka, N. Kolominskiy, Yu. Krychevskiy, A. Markova, V. Maslov, V. Oliynyk, V. Pikelna, M. Potashnik, T. Rogova, P. Tretyakov, Ye. Khrykov, Castanheira P., Costa J.A., Gökyer N., Roberts S.M.) [10-12, 18].

- problem of valueology in educational process as factor of educational process effectiveness's effectiveness (T. Volchenska, T. Savustyanenko, L. Tatarnikova, G. Tushina, S. Shmaley), progressing of health and personality through education, formation of health culture and healthy life style (N. Bibik, T. Boychenko, O. Vakulenko, V. Goraschuk, T. Yermkova, G. Zaytsev, S. Zakopaylo, O. Ionova, S. Kyrlyenko, S. Kondratiuk, V. Kuzmenko, S. Lapayenko, O. Lukashenko, S. Omelchenko, V. Orxhekhovska, N. Pobirchenko, O. Savchenko, G. Serikov) [13-17].

At the same time in psychological-pedagogic science the problem of health related functioning of CEE headmaster has not become a subject of special research.

The present work has been fulfilled in compliance with plans of SRW of Kharkiv national pedagogic university, named after G.S. Skovoroda.

Purpose, tasks of the work, material and methods

The purpose of the article is determination of essence and structural components of health related functioning of comprehensive educational establishment's headmaster.

Results of the research

Analysis of great number of sources, devoted to development of professionalism in management activity of CEE headmaster (V. Alfimov, L. Danylenko, Yu. Konarzhevskiy, V. Kryzhko, N. Kuzmina, Ye. Pavliutenkov, V. Simonov, V. Slastionin, T. Sorochan, T. Shamova) [5-8], literature on trainings of pedagogues for health preservation of pupils, formation of personality in conditions of educational establishments (O. Avdeyeva, M. Bezrukykh, V. Bobrytska, Yu. Boychuk, L. Dykhan, O. Ionova, V. Nsterenko, N. P'yasetska, T. Seschenko, O. Filip'yeva, Ye Chernyshova) [1-4, 9] permitted to conclude that *health related functioning of comprehensive educational establishment's headmaster* as an integral component of his (her) management activity, is functioning, oriented on creation of health strengthening environment in educational establishment, which ensures preservation and strengthening of health of all participants of educational process (schoolchildren, pedagogues, parents).

Health improving environment of educational establishment, as certain system of conditions and means of influence on formation of personality, is determined by the following parameters:

- Physical environment, i.e. architecture, external and internal design of premises, servicing infrastructure, material-financial provision of educational activity, sanitary-technical, medical, sport equipment, organization of eating in compliance with sanitary standards and rules;
- psychological-communicative environment – interpersonal relations of educational process's subjects, individual and age distinctions of pupils, quality level of pedagogues, relations of parents and pedagogues, their ideas about healthy life style;
- educational environment – principles, forms, methods, technologies of teaching and education of pupils, oriented on preservation of personality's health.

As a component of management-pedagogic functioning, health related functioning of CEE headmaster includes the following components: planning, organization, stimulation and control.

Thus, *planning* – is determination of strategic and tactic aims of CEE functioning, main and auxiliary tasks, all actions and measures, required for achieving of targets of health preservation of pedagogic process's subjects. In particular, strategic targets are determined on the base of aim, conception of functioning, program of development of educational establishment, creation of its positive image. Tactic planning is resulted from composing of annual, monthly, weekly plans, which determine health related orientation of CEE functioning for certain period.

Organization stipulates creation of structure, which would permit for pedagogic collective to effectively work for achieving of strategic and tactic targets of health preservation with determined restrictions of resources (time, informational, financial-material, human, emotional-psychological and so on), ensures clear interaction of all departments of the establishment and its workers.

Organization requires from CEE headmaster to solve such main tasks: creation of pedagogic conditions (formation of health preserving environment of educational establishment – physical-objective, psychological-communicative, teaching-educational); development of health related means, forms and methods, technologies of teaching and education; coordination of activity of all educational process's participants (selection and distribution of pedagogic staff in compliance with task of health preservation; creation of temporary creative groups, special services and departments, coordination of their work; material and scientific-methodic provisioning of educational process of health related orientation at educational establishment).

Stimulation implies influence of CEE headmaster on pedagogues and workers, stimulation of pedagogic collective for health related activity.

In general, influence of headmaster is realized through three main forms: fear (feel of anxiety, which forces a person for obedience or appropriate actions); convincing (rendering facts, which cause worker's interest); satisfaction of interests through motivation.

In context of solution of health related problems the most important forms of CEE headmaster's influence are, undoubtedly convincing and motivation of subordinates, which ensure headmaster's knowing of life views, interests, hopes and expectations of his workers that facilitate choice of adequate methods of influence on them; support of pedagogues' initiatives in improvement of health related educational work; encouragement of creative searches, experimental work; ensuring of coordination of establishment's interests and personal demands of pedagogues that is a stimulus for human effective functioning.

Exclusively important role is played by CEE headmaster in stimulation of school pedagogues for development of conscious attitude to own health, for teacher to be an example of healthy life style.

Stimulation and mobilization of both – separate teachers and the whole pedagogic collective for solution of health related tasks shall be accompanied by realization of close connection of school and families, pedagogues and parents that express mutual understanding of educational tasks, oriented on protection and support of health of rising generation.

Control – as an element of feedback permits to determine how health related targets, set at the stage of planning, are realized.

Control can be fulfilled with the help of different organizational form, in particular: control of organization of eating and medical servicing, control over documentation, calendar planning, suitability of the used methods, forms and means of teaching to their age and psychological characteristics and etc.

In organization of control special place shall be taken by complex medical examinations of pupils. Criteria and indicators of efficiency of health related activity can be the following factors: understanding by pupil his progress in studying, steady interest to studying; presence of motivation for health, for methods of healthy life style (rational eating, motion activity, rhythm of work and rest); adequate recreation of physical, psychic and mental resources (absence of tiredness, high workability, activity, persistence, healthy complexion and so on); balance of mental state, communicability, ability for cooperation with people, social mobility; adequate self evaluation and evaluation of other people; belief in own potentials, setting for success in life and etc.

Constant pedagogic monitoring permits to estimate effectiveness of educational-teaching work of educational establishment by level of achieving of planned targets and insert appropriate corrections in solution of health related tasks by pedagogic process's participants.

Conclusions

Health related functioning of CEE headmaster, as an integral component of his (her) management functioning, is an activity, oriented on creation of health improving environment (physical-objective, psychological-communicative, educational-teaching) in educational establishment and ensuring of support, preservation and strengthening of health of all pedagogic process's participants (pupils, pedagogues, parents).

Health related functioning of CEE headmaster includes such components: planning, organization, stimulation, control.

The prospect of further researches imply research of readiness of comprehensive educational establishments' headmasters for health related functioning.

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