

CONTENTS

Al-Ravashdeh Abdel Baset, Kozina Z.L., Bazilyuk T.A., Ilnickaya A.S. Methodic of senior pupils' training to throwing movements on the bases of technology of complex impact on motor and intellectual development.....	3
Bodnar I.R., Rymar O.V., Solovei A.V., Malanchuk G.G., Datskiv P.P. Objective criteria for determination of functional-reserve potentials of secondary school age pupils	11
Briskin Y.A., Odinets T.Y. Improvement of upper limb's condition of women with post mastectomy syndrome with the help of problem-oriented program of physical rehabilitation.....	20
Goncharova N.N., Butenko H.A. Substantiation and working out of recreation health related technology on the basis of health related hiking and orienteering for junior school age children	26
ZhenQiang San. Substantiation of health related power lifting training methodic for univeristies students with muscular skeletal apparatuse affections.	33
Zubrilov R.A., Pidgrushna O.M. Analysis of world biathlon leaders' participation in biathlon World Cup (on example of women's biathlon)	39
Razumeiko N.S. Differentiated correction of junior school age children's posture at physical culture trainings.....	47
Furman Y.M., Brezdenyuk O.Y. Influence of cyclic moderate intensity work on functional fitness of 17–21 years old students with "high" content of fat component.	55
Chopilko T. G., Berezka S.M. Heart beats rate indicators and structure of elite football referees' and their assistants' motor functioning in competition period	61
Jendrysek Marek, Nowosielska-Swadźba Danuta, Zwolińska Danuta, Podstawski Robert. Body composition of young people aged 17–18 years, practicing and not practicing swimming, with the use of the bioelectrical impedance method	67
Marc R. Lochbaum, Emeka T. Okafor, David C. Brenner, Zişan Kazak Çetinkalp. Achievement goals and intensivity of physical activity during free play in children: the moderating role of perceived sport confidence	72
Jagiello Marina, Jagiello Wladyslaw. The level of self-esteem in 14–16-year – old female tennis players.....	78
Information for Authors	81