

## CONTENTS

<b>Amani A. R.</b> The effect of creatine monohydrate supplement on stroke volume during high intensity aerobic exercise in non active adults.....	120
<b>Bayraktar I., Çilli M.</b> Estimation of jumping distance using run-up velocity for male long jumpers.....	124
<b>Fitili P.I., Giovanis V.F., Sanidopoulos G.N.</b> The characteristics of the Greek athletes of race walking in relation to the frequency of injuries .....	130
<b>Furman Yu.M., Miroshnichenko V.M., Brezdeniuk O.Yu., Furman T.Yu.</b> An estimation of aerobic and anaerobic productivity of an organism of youth aged 17-19 years old of Podilsk region.....	136
<b>Ivashchenko O.V., Khudolii O.M., Iermakov S.S., Veremeenko V.Yu., Lopatiev A.O.</b> Power abilities: recognition of the level of development in girls aged 12-14 years.....	142
<b>Kozina Zh.L., Prokopenko I.F., Cretu M., Chaika O.I., Ryepko O.A., Osipov A.V., Razumenko T.O., Kudryavtsev M.D., Polianskyi A.O.</b> Individual chronobiological regularity in track-and-field sprint .....	149
<b>Pryshva O.B.</b> Seasonal optimality of high intensity physical activity for men of mature age .....	156
<b>Uspuriene B.A., Sniras S.A.</b> Effect of sports training programme on juvenile sports dancers motivation .....	163
Information.....	170