

Arol P., Eroğlu Kolayış I. The effects of 8 week balance training on the kayaking performance of the beginners	170
Badicu G. Values of the body mass index of adolescents from Romania reported to the number for hours of physical education practiced	177
Furman Yu. M., Holovkina V.V., Salnykova S.V., Sulyma A.S., Brezdeniuk O.Yu., Korolchuk A.P., Nesterova S.Yu. Effect of swimming with the use of aqua fitness elements and interval hypoxic training on the physical fitness of boys aged 11-12 years	184
Heydari A., Soltani H. , Mohammadi-Nezhad M. The effect of Psychological skills training (goal setting, positive self- talk and Imagery) on self-confidence of adolescent volleyball players	189
Ivashchenko O.V., Khudolii O.M., Yermakova T.S., Veremeenko V.Yu. Power abilities: the structure of development in girls of 12-14 years old	195
Korkmaz Eryılmaz S., Polat M. A comparison of isocapnic buffering phase of cross-country skiers and alpine skiers	203
Salnykova S.V., Furman Yu.M., Sulyma A.S., Hruzevych I.V., Gavrylova N.V., Onyschuk V.Ye., Brezdeniuk O.Yu. Peculiarities of aqua fitness exercises influence on the physical preparedness of women 30-49 years old using endogenous-hypoxic breathing method	210
Yılmaz A. Parent expectations towards participation to extracurricular sport activity of high school students	216
Information.....	226