

CONTENTS

| | |
|--|----|
| Abdula A. B., Lebedev S. I. Features of physiological responses on organism of football players aged 10-12 years in exercise using different training methods..... | 3 |
| Balamutova N.M., Shyryaeva S.V. Study of special performance and volume training loadings at swimmers in the year preparation..... | 8 |
| Bolach Bartosz, Prystupa Tetyana. Evaluation of perception of quality of life of disabled athletes..... | 13 |
| Zaharova L.V., Lyulina N.V. Basis of integrated approach to sports and recreational activities of students of special medical groups..... | 17 |
| Ilitskaya A.S., Kozina Zh.L., Barybina L.N., Kolomiez N.A., Cieślicka Mirosława, Stankiewicz Błażej, Pilewska Wiesława. Author's internet blog as information and communication technologies in the educational space within the physical education students..... | 22 |
| Kozina Zh., Ryepko O.A., Prusik Krzysztof, Prusik Katarzyna, Cieślicka Mirosława. Theoretical-methodological study of development of power-speed in climbing..... | 27 |
| Kolokoltsev M.M., Ambartsumyan R.A. Improving physical health international students enrolled in a technical college in Baikal region..... | 34 |
| Pyatnychuk G.O. Assessment of speed and power abilities of the students during the weekly training cycles..... | 39 |
| Stetsenko A.I. The highest achievements of Ukrainian powerlifting at international events during its origin and formation..... | 44 |
| Chernenko S. A. Description of how the specialization influences the dynamics of the functional and motor abilities among the third to fifth year male student..... | 50 |
| Podstawski Robert , Borysławski Krzysztof. Influence of pe teachers' qualifications on the motor abilities of early school-age children..... | 56 |
| Rastegar Hoseini, Fatemeh Ghasemi, Mahri Hoseini. Effect of 8 weeks of aerobic or resistance training on blood pressure in non-physical education male students..... | 64 |
| Information for Authors..... | 69 |