

DOI: 10.15587/1729-4061.2018.133819

STUDYING THE COMPLEX OF BIOLOGICALLY ACTIVE SUBSTANCES IN SPICY VEGETABLES AND DESIGNING THE NANOTECHNOLOGIES FOR CRYOSUPPLEMENTS AND NANOPRODUCTS WITH HEALTH BENEFITS (p. 6–14)

Raisa Pavlyuk

Kharkiv State University of Food Technology and Trade, Kharkiv, Ukraine

ORCID: <http://orcid.org/0000-0003-3440-0451>**Viktoriya Pogarskaya**

Kharkiv State University of Food Technology and Trade, Kharkiv, Ukraine

ORCID: <http://orcid.org/0000-0001-8031-5210>**Oleksander Cherevko**

Kharkiv State University of Food Technology and Trade, Kharkiv, Ukraine

ORCID: <http://orcid.org/0000-0003-1809-5960>**Vadym Pavliuk**

Kharkiv Trade and Economics Institute of Kyiv National University of Trade and Economics, Kharkiv, Ukraine

ORCID: <http://orcid.org/0000-0003-3947-3473>**Ludmila Radchenko**

Kharkiv Trade-Economic College of Kyiv National University of Trade and Economics, Kharkiv, Ukraine

ORCID: <http://orcid.org/0000-0002-2514-7549>**Ekaterina Dudnyk**

Kharkiv State University of Food Technology and Trade, Kharkiv, Ukraine

ORCID: <http://orcid.org/0000-0002-7229-7945>**Anna Radchenko**

Kharkiv Trade-Economic College of Kyiv National University of Trade and Economics, Kharkiv, Ukraine

ORCID: <http://orcid.org/0000-0003-0869-6607>**Tatyana Kolomiets**

Lipkovatovsky Agricultural College, Kharkiv region, Novovodolazhsky district, Lipkovatovka village, Ukraine

ORCID: <http://orcid.org/0000-0003-4106-8530>

We determined the complex of BAS of spicy vegetables (roots of ginger, celery, horseradish, and garlic), which differ from other vegetable raw materials by a high content of unsaturated reactive phyto-substances. It includes volatile aromatic substances, low-molecular and high molecular phenolic compounds. The latter are natural antioxidants, preservatives and have a bactericidal and an immunomodulating effect. We found that spicy vegetables have a high content of prebiotic substances (cellulose, pectin, and protein); they are low in sugar. The presence of the specified BAS in 100 g of spicy vegetables in the amounts that can satisfy a daily need of the human body, as argued by authors, provides fresh vegetables with direct therapeutic and prophylactic properties.

We developed the nanotechnologies for healthy frozen supplements and nanoproducts produced from spicy vegetables, which fully preserve vitamins, aromatic substances, phenolic compounds and other BAS of fresh raw materials. In addition, we found the hidden (bound) forms of BAS in the course of development of nanotechnologies and extracted them into a freely assimilable state. The

mass fraction of these substances is 2.5...3.2 times higher than that in fresh vegetables, which we can control by standard chemical methods. We propose to use the cryogenic treatment of raw materials, which includes a cryogenic «shock» freezing and a finely dispersed low temperature grinding (mechanolysis), as the innovation in the development of technologies.

The advantages imply that it became possible to obtain frozen spicy vegetables, which, in terms of the content of natural aromatic substances and phyto-components (phenolic compounds, polyphenols and other BAS), exceed fresh spicy vegetables by 2...2.5 times. We worked out the technological modes at the semi-industrial bench equipment. We developed technologies for health-improving supplements in the form of finely dispersed purees and frozen spicy vegetables.

That makes it possible to develop a wide range of health products that outperform known analogues in quality using the obtained frozen products and supplements of spicy vegetables.

Keywords: cryogenic treatment, spicy vegetables, BAS complex, health supplements, nanoproducts, mechanolysis, hidden forms of BAS.

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DOI: 10.15587/1729-4061.2018.140126

**STUDY OF THE NEW METHOD TO INTENSIFY
THE PROCESS OF EXTRACTION OF BEET
PULP (p. 15–20)**

Gregoriy Deynichenko

Kharkiv State University of Food Technology
and Trade, Kharkiv, Ukraine

ORCID: <http://orcid.org/0000-0003-3615-8339>

Vasyl Guzenko

Kharkiv State University of Food Technology
and Trade, Kharkiv, Ukraine

ORCID: <http://orcid.org/0000-0001-8407-2404>

Dmytro Dmytrevskiy

Kharkiv State University of Food Technology
and Trade, Kharkiv, Ukraine

ORCID: <http://orcid.org/0000-0003-1330-7514>

Vitalii Chervonyi

Kharkiv State University of Food Technology
and Trade, Kharkiv, Ukraine

ORCID: <http://orcid.org/0000-0002-9085-2260>

Tatiana Kolisnichenko

Oles Honchar Dnipro National University, Dnipro, Ukraine

ORCID: <http://orcid.org/0000-0003-0560-9520>

Oleksandr Omelchenko

Donetsk National University of Economics and Trade
named after Mikhailo Tugan-Baranovsky, Kryvyi Rih, Ukraine

ORCID: <http://orcid.org/0000-0003-0704-5909>

Olga Melnik

Donetsk National University of Economics and Trade
named after Mikhailo Tugan-Baranovsky, Kryvyi Rih, Ukraine

ORCID: <http://orcid.org/0000-0002-7270-4774>

Olga Simakova

Donetsk National University of Economics and Trade
named after Mikhailo Tugan-Baranovsky, Kryvyi Rih, Ukraine

ORCID: <http://orcid.org/0000-0002-4432-8337>

Radion Nykyforov

Donetsk National University of Economics and Trade
named after Mikhailo Tugan-Baranovsky, Kryvyi Rih, Ukraine

ORCID: <http://orcid.org/0000-0001-9823-9551>

We report results of experimental research into the process of acidic extraction of pectin-containing raw material (beet pulp) using the new model of the stirring element compared with the conventional grid stirrer. We have designed the experimental installation and devised a procedure for processing the results of studying the extraction process of pectin substances from pectin-containing raw materials (beet pulp), using the new combined stirring element. Mathematical models were constructed in the form of nonlinear regression equations based on the multifactor experiment planning method that employed input parameters of temperature, duration, and hydromodule. It was established that the principal influence on a change in the output parameters is exerted by the input variables of temperature and duration of the process.

We show graphical dependences for quantitative and qualitative characteristics of pectin extracts (pectic substances concentration, molecular weight, complex- and gel-forming capability) depending on the input parameters of temperature and duration of the process for extraction of pectic substances. An analysis of these characteristics allowed us to determine the rational input parameters for the process of extraction of pectin substances. The rational working parameters of the process of acidic extraction of pectin substances from sugar beet pulp with the application of the new method for intensifying the process, are: temperature is 60...70 °C, duration is 1...1.1 hours, and hydromodule is 8...10.

The purpose of this study was to intensify the extraction of pectic substances from pectin-containing raw materials, to improve technical level of the extraction process and to implement the developed method under industrial conditions. Based on the research results, the feasibility of the new method for intensification was established. Further implementation of these results in the food and processing industries would make it possible to produce a wide assortment of pectin-products (extracts, liquid and dry pectin concentrates).

Keywords: pectin-containing raw material, process of acidic extraction, pectin substances, stirring element.

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DOI: 10.15587/1729-4061.2018.140064

RESEARCH INTO PRESERVATION OF BROCCOLI DEPENDING ON THE TREATMENT WITH ANTIMICROBIC PREPARATIONS BEFORE STORAGE (p. 20–28)

Ludmila Pusik

Kharkiv Petro Vasylenko National Technical University
of Agriculture, Kharkiv, Ukraine
ORCID: <http://orcid.org/0000-0002-5465-2771>

Vladimir Pusik

Kharkiv Petro Vasylenko National Technical University
of Agriculture, Kharkiv, Ukraine
ORCID: <http://orcid.org/0000-0001-5028-9461>

Nina Lyubymova

Kharkiv Petro Vasylenko National Technical University
of Agriculture, Kharkiv, Ukraine
ORCID: <http://orcid.org/0000-0001-8964-7326>

Veronika Bondarenko

Kharkiv National Agrarian University named after V. V. Dokuchayev,
Kharkiv district, Kharkiv region, Ukraine
ORCID: <http://orcid.org/0000-0002-0883-7193>

Ludmila Gaevaya

Kharkiv National Agrarian University named after V. V. Dokuchayev,
Kharkiv district, Kharkiv region, Ukraine
ORCID: <http://orcid.org/0000-0002-8302-1776>

We studied the effect of antimicrobial preparations on the preservation and quality of broccoli. We established that antimicrobial preparations such as Baikal EM-1, 0.5 % citric acid solution, 0.2 % benzoic acid solution, 0.05 % sorbic acid solution, 0.5:0.5 % solution of vitamins C and P (ascorutin) – contribute to prolonging the storage life of broccoli for 5–20 days depending on the hybrid. The treatment with preparations reduces losses per day by 1.2–3.0 times, it provides the yield of commercial products at 76.8–86.2 %.

The treatment of broccoli with antimicrobial preparations, with ascorutin especially, provides a dry matter content of 1.1–2.6 times higher than in the control variant, which contributes to a decrease in the intensity of consumption of dry soluble substances and vitamin C. At the end of storage, the content of total sugar and disaccharides is equal to the level of the control variant, or exceeds its content by 1.2 and 1.5–2.0 times, respectively. The variants with acids and ascorutin have more of them. The content of monosaccharides remains at the initial level. The loss of mass due to evaporation of water is 1.3–1.8 times higher.

Baikal EM-1 and ascorutin inhibit intensity of expansion of pathogenic microorganisms better than other drugs for 10–15 days. Ascorutin provides 0.8–2.2 % lower loss of weight due to diseases and physiological disorders and a 4.1–7.6 % larger yield of commercial products at prolonged storage. Ascorutin, citric acid, sorbic acid and benzoic acid inhibit development of pathogenic microorganisms on broccoli more actively.

The proposed method for the treatment of broccoli with antimicrobial preparations before storage makes it possible to use antiseptics, such as Baikal EM-1, 0.5 % citric acid solution, 0.2 % benzoic acid solution, 0.05 % sorbic acid solution, 0.5:0.5 % solution of vitamins C and P (ascorutin) – for the post-harvest treatment of vegetable raw materials. This is an important technique for the development of new, low-cost, environmentally friendly and affordable storage technologies.

Keywords: quality of broccoli, antiseptics, storage life, components of chemical composition, preservation.

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DOI: 10.15587/1729-4061.2018.140093
**INFLUENCE OF WHEAT BRAN ON
 QUALITY INDICATORS OF A SOUR MILK
 BEVERAGE (p. 28–35)**

Volodymyra Nagovska

Stepan Gzhytskyi National University of Veterinary Medicine
 and Biotechnologies Lviv, Lviv, Ukraine
ORCID: <http://orcid.org/0000-0003-3624-8182>

Yuriy Hachak

Stepan Gzhytskyi National University of Veterinary Medicine
 and Biotechnologies Lviv, Lviv, Ukraine
ORCID: <http://orcid.org/0000-0003-1028-1910>

Bogdan Gutyj

Stepan Gzhytskyi National University of Veterinary Medicine
 and Biotechnologies Lviv, Lviv, Ukraine
ORCID: <http://orcid.org/0000-0002-5971-8776>

Oksana Bilyk

Stepan Gzhytskyi National University of Veterinary Medicine
 and Biotechnologies Lviv, Lviv, Ukraine
ORCID: <http://orcid.org/0000-0003-1165-8935>

Natalya Slyvka

Stepan Gzhytskyi National University of Veterinary Medicine
 and Biotechnologies Lviv, Lviv, Ukraine
ORCID: <http://orcid.org/0000-0002-1792-2082>

Our experimental research revealed that in order to improve consistency during storage of sour milk beverages, it is necessary to ensure the binding of free moisture through the use of natural

stabilizers, thickeners and the substances that perform a similar function. Among many tested ingredients of this group of substances, the stabilizing systems based on natural components of plant and animal origin were selected for implementation and preferred for usage. Analysis of the information sources shows lack of data on the use of wheat bran in the technologies of sour milk beverages. That is why there is an objective need to create new kinds of sour milk beverages, specifically, kefir with the use of wheat bran. Consumption of such functional products guarantees the elimination of malnutrition, replenishment of the organism with necessary components.

The influence of wheat bran on quality indicators of the sour milk beverage was studied. It was found that the sour milk drink with wheat bran with fat content of 2.5 % by physical and chemical indicators meets the requirements of standard DSTU 4417:2005. Kefir. Technical specifications.

Studying the organoleptic indicators of the beverage using wheat bran revealed its clean sour milk taste and smell. The total amount of amino acids in the drink with wheat bran increased by 15.08 %, the amount of essential amino acids – by 10.57 %, and that of nonessential amino acids – by 18.24 %. The identified changes in the amino acid composition of the drink with wheat bran indicate that the use of wheat bran in manufacturing sour milk beverages allows increasing their nutritional and biological value of the protein component.

The sour milk drink with wheat bran is a medical and prophylactic product because it contains dietary fibers, which are a valuable energy additive.

Keywords: sour milk drinks, additives, wheat bran, amino acids, organoleptic indicators, physical-chemical indicators.

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DOI: 10.15587/1729-4061.2018.140129
EFFECT OF BANANA POWDER AND BUTTER ON THE FORMATION OF THE CRYSTALLINE PHASE OF SUGAR FONDANT (p. 35–41)

Mariia Ianchyk

National University of Food Technologies, Kyiv, Ukraine
ORCID: <http://orcid.org/0000-0003-3675-6611>

Alexandra Niemirich

National University of Food Technologies, Kyiv, Ukraine
ORCID: <http://orcid.org/0000-0002-2849-7501>

Oksana Vasheka

National University of Food Technologies, Kyiv, Ukraine
ORCID: <http://orcid.org/0000-0003-4162-105X>

Oksana Petrusha

National University of Food Technologies, Kyiv, Ukraine
ORCID: <http://orcid.org/0000-0002-6009-127X>

Nikolay Pogozhikh

Kharkiv State University of Food Technology and Trade, Kharkiv, Ukraine
ORCID: <http://orcid.org/0000-0002-0835-4896>

Taking into consideration modern requirements to technological characteristics of decorative semi-finished products, micronutrient composition, we developed the formulation for the innovative confectionery semi-finished product, which is based on sugar fondant with addition of the mixture of butter, banana powder and the surface-active substance (citric acid ester, monodiglycerides – SAS). It is universal and is designed for the production of a wide range of decorative semi-finished products (creams, fillings, icing, etc.).

We conducted the study of the influence of the mixture of butter, banana powder and surfactant on thermo-physical properties and the structure of the confectionery semi-finished product for confectionery decoration.

The aim of this research was to study the influence of the selected ingredients on the process of formation of the crystal phase of sugar fondant, which is the basis for the confectionery semi-finished product.

Results of the study revealed that during the formation of the crystal phase of the semi-finished product, the existence of the banana powder components leads to differentiation of carbohydrates of sugar fondant by melting temperature. This suggests that recrystallization processes flow less intensively compared to the control sample during the storage of the enriched fondant cream.

The addition of SAS helps obtain a homogeneous polyphase system, which is proved by the homogeneous elastic structure. Microstructural research showed that fondant crystals and vegetable powder particles are surrounded by fat phase of butter and swollen powder particles do not form groups.

Results of the micro-structural analysis and of the differential scanning calorimetry made it possible to propose the mechanism of interaction of banana powder particles with fat phase and the over-saturated solution of sucrose.

The obtained results explain aggregation stability and thermal stability of the universal confectionery semi-finished product at multiple thermal and mechanical influence, which is of technological importance.

Keywords: confectionery semi-finished product, banana powder, thermophysical properties, crystallization, melting endotherm, fractionation.

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DOI: 10.15587/1729-4061.2018.140134

**STUDY OF MICROELEMENT DISTRIBUTION
UNIFORMITY IN A BULK OF DOUGH ENRICHED
WITH DIETARY SUPPLEMENTS (p. 42–48)**

Tatyana Golovko

Kharkiv State University of Food Technology
and Trade, Kharkiv, UkraineORCID: <http://orcid.org/0000-0001-7059-3620>

Micola Pogozhikh

Kharkiv State University of Food Technology
and Trade, Kharkiv, UkraineORCID: <http://orcid.org/0000-0002-0835-4896>

Andrey Pak

Kharkiv State University of Food Technology
and Trade, Kharkiv, UkraineORCID: <http://orcid.org/0000-0003-3140-3657>

Nicolay Golovko

Kharkiv State University of Food Technology
and Trade, Kharkiv, UkraineORCID: <http://orcid.org/0000-0002-1778-4847>

Alina Pak

Kharkiv Institute of Trade and Economics of Kyiv National
University of Trade and Economics, Kharkiv, UkraineORCID: <http://orcid.org/0000-0002-0311-9731>

Myushfik Bakirov

Kharkiv College of Trade and Economics of Kyiv National
University of Trade and Economics, Kharkiv, UkraineORCID: <http://orcid.org/0000-0001-9723-9808>

The expediency of introduction of dietary supplements based on the chelate complex in food systems and ensuring uniformity of their distribution was substantiated. The objective was to elucidate uniformity of distribution of microelements sorbed on carrier macromolecules and the effect of supplements on functional and technological properties of the dough preparations. Preparations from yeast, puff pastry and unleavened dough with introduced supplements based on the chelate complex were the study subjects. Distribution of the dietary supplement based on the chelate complex in the food system volume and its influence on functional and technological properties of the food systems under study was elucidated. Nuclear magnetic resonance and electron paramagnetic resonance methods, low-temperature calorimetric method and rheological study methods were used.

It has been established that powdered supplements based on the stabilized chelate affect mobility and interaction of water molecules with environment of the test dough preparations. It was proved that introduction of metal chelate in the form of a powdered food supplement makes it possible to ensure uniformity of metal distribution in the volume of the preparations under study. It was determined that an increase in amount of chilled water takes place in the dough

samples with an introduced dietary supplement based on the chelate complex in comparison with the control samples. The established data indicate growth of amount of bound water provided that a supplement was added. It was noted that the stabilized chelate was mainly in a saturated state since water of the dough preparations was in a «bound» state. A change of elastic properties was established in the test dough preparations with a dietary supplement based on the chelate complex. The obtained results are explained by the change of free to bound water ratio in the food systems under study.

The prospects of using powdered supplements with stabilized metal chelates in technologies of food enrichment were proved. It was pointed out that the task of further studies consists in determination of distribution of other microelements of the chelates forming the basis of dietary supplements in the volume of food systems.

Keywords: dough preparations, supplement based on chelate complex, volume distribution of microelement.

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DOI: 10.15587/1729-4061.2018.140052

DEVELOPMENT OF MEAT-CONTAINING MINCED SEMI-FINISHED PRODUCTS BASED ON THE LOCALLY PRODUCED RAW MATERIALS (p. 49–54)

Nataliia Bozhko

Sumy National Agrarian University, Sumy, Ukraine
ORCID: <http://orcid.org/0000-0001-6440-0175>

Vasyl Tischenko

Sumy National Agrarian University, Sumy, Ukraine
ORCID: <http://orcid.org/0000-0001-8149-4919>

Vasil Pasichnyi

National University of Food Technologies, Kyiv, Ukraine
ORCID: <http://orcid.org/0000-0002-3219-1564>

Manyefa Polumbryk

National University of Food Technologies, Kyiv, Ukraine
ORCID: <http://orcid.org/0000-0002-2333-8595>

Oleksandra Haschuk

National University of Food Technologies, Kyiv, Ukraine
ORCID: <http://orcid.org/0000-0003-2726-5271>

We report results of studying the developed meat-containing semi-finished products; an analysis of the results was performed, which confirm the possibility to combine the meat of duck and freshwater fish meat in the formulation for meat-containing semi-finished products by completely replacing pork and beef in the formulations. Combining in the formulations of meat-containing semi-finished products of duck meat and freshwater fish meat made it possible to obtain model minced meat with high functional-technological properties: the value of moisture-binding capacity is up to 81.54 %,

moisture-retaining capacity is up to 76.47 %, emulsifying capacity is up to 98.0 %, stability of the emulsion is up to 69.49 %, which are higher in comparison with semi-finished products based on traditional kinds of meat.

A sensory quality assessment of the developed semi-finished products has confirmed the high quality of organoleptic indicators and compliance with the requirements regulated by standards for traditional minced semi-finished products, based on the specifications for a given segment of products. The introduction to the composition of formulations of duck meat and freshwater fish meat did not impact negatively on the microbiological safety of the combined products, which is confirmed by the indicators of NMAFAM and the lack of BGEC in the finished products. Based on the set of indicators, we selected sample 2 that contained the meat of duck and the meat of silver Prussian carp for further research.

The combination of different kinds of raw materials of local origin in the formulation for meat-containing minced semi-finished products makes it possible to receive a product with a high content of essential amino acids. The minced semi-finished products that combine duck meat and silver Prussian carp demonstrate values of the amino acid score, which, by the content of threonine, tryptophan, phenylalanine+tyrosine, leucine, and isoleucine, exceeds the «reference» protein and is in the range of 115.75–156.01 %.

The lipids of meat-containing combined semi-finished products are characterized by the high biological effectiveness of fat acid composition due to the high content of PUFA and MUFA, and by the optimal ratio of ω -3 and ω -6 of PUFA (1:7).

Keywords: combining, freshwater fish, duck meat, meat-containing semi-finished product, functional-technological indicators.

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DOI: 10.15587/1729-4061.2018.140078

COMBINATION OF VEGETABLE-FRUIT FORMULATION COMPOSITION FOR OBTAINING HIGH QUALITY PRODUCTS (p. 55–60)

Anastasiia Tokar

Uman National University of Horticulture, Uman, Ukraine
ORCID: <http://orcid.org/0000-0003-0865-5725>

Liudmyla Matenchuk

Uman National University of Horticulture, Uman, Ukraine
ORCID: <http://orcid.org/0000-0002-4051-4546>

Zinaida Kharchenko

Uman National University of Horticulture, Uman, Ukraine
ORCID: <http://orcid.org/0000-0003-3083-7971>

Iryna Haidai

Uman National University of Horticulture, Uman, Ukraine
ORCID: <http://orcid.org/0000-0002-9202-0062>

Nadiia Zahorko

Tavria State Agrotechnological University, Melitopol, Ukraine
ORCID: <http://orcid.org/0000-0003-4828-5343>

Vira Tarasenko

Tavria State Agrotechnological University, Melitopol, Ukraine
ORCID: <http://orcid.org/0000-0002-0275-0281>

Valentyna Verkholtantseva

Tavria State Agrotechnological University, Melitopol, Ukraine
ORCID: <http://orcid.org/0000-0003-1961-2149>

Nadiia Palianychka

Tavria State Agrotechnological University, Melitopol, Ukraine
ORCID: <http://orcid.org/0000-0001-8510-7146>

Inna Povorozniuk

Pavlo Tychyna Uman State Pedagogical University, Uman, Ukraine
ORCID: <http://orcid.org/0000-0002-2575-5114>

Lesia Kravchenko

PhD, Associate Professor
Pavlo Tychyna Uman State Pedagogical University, Uman, Ukraine
ORCID: <http://orcid.org/0000-0001-7012-3709>

We have investigated a change in the active acidity of blended products made from vegetable and fruit raw materials. A possibility has been proven to control active acidity through the introduction to formulations of canned foods fruits with a high content of titrated acidity. Apricot, gooseberry, cherry plum, black currant are characterized by a high content of titratable acidity, thus they could replace

in the formulations of canned products the organic acids obtained artificially.

It is possible to use zucchini, pumpkin, carrot and beet to produce natural organic purees, juices, compotes, sauces, natural canned vegetable food with a regulated active acidity not higher than 3.9 pH units. To achieve this level of active acidity in canned products, the mass share of titratable acidity should be brought to 0.55–0.60 %. The canned food products manufactured using a given technique are microbiologically stable and safe when employing the sterilization temperature of 100 °C for 20–25 minutes; they have a high organic estimate; they efficiently preserve ascorbic acid. The pumpkin puree demonstrated active acidity of 5.6 pH units. In the blended pumpkin and apricot puree, gooseberry and cherry plum puree, the active acidity decreased to 3.80–3.84 pH units following the introduction of the calculated formulation amount of a fruit part into compositions, from 11.3 to 28.1 %, the content of ascorbic acid increased by 1.6–2.6 times. The content of ascorbic acid in a pumpkin and black currant puree, at the regulated active acidity of 3.86 pH units, increased to 30.6 mg/100 g, by 7.6 times. A similar trend was observed for the blended purees made from carrot and table beet.

The vegetable-fruit purees and sauces, manufactured in line with a given technique, are characterized by excellent organoleptic quality estimation, 26.3–29.3 points. Canned foods from vegetable raw materials with a controlled level of active acidity, due to their fruit part, are natural products with an elevated content of ascorbic acid. The combination could be used for the manufacture of organic products from the appropriate raw materials, thereby retaining their high quality.

Keywords: puree, sauces, titratable acidity, active acidity, ascorbic acid, organic products.

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DOI: 10.15587/1729-4061.2018.140048

SUBSTANTIATION OF THE INTERACTION MECHANISM BETWEEN THE LIPO- AND GLUCOPROTEIDS OF RYE-WHEAT FLOUR AND NANOPARTICLES OF THE FOOD ADDITIVE «MAGNETOFOOD» (p. 61–68)

Iryna Tsykhanovska

Ukrainian Engineering Pedagogics Academy, Kharkiv, Ukraine
ORCID: <http://orcid.org/0000-0002-9713-9257>

Victoria Evlash

Kharkiv State University of Food Technology and Trade, Kharkiv, Ukraine
ORCID: <http://orcid.org/0000-0001-7479-1288>

Alexandr Alexandrov

Ukrainian Engineering Pedagogics Academy, Kharkiv, Ukraine
ORCID: <http://orcid.org/0000-0003-3592-285X>

Tetiana Lazariava

Ukrainian Engineering Pedagogics Academy, Kharkiv, Ukraine
ORCID: <http://orcid.org/0000-0003-4435-3345>

Oksana Bryztska

National University of Pharmacy, Kharkiv, Ukraine
ORCID: <http://orcid.org/0000-0002-7728-2275>

The mechanism of interaction between nanoparticles (NP) from the polyfunctional food additive «Magnetofood» and functional groups of complex proteins of rye-wheat flour is established. NP of the food additive «Magnetofood» mostly interact with complex proteins at the expense of coordination bonds. Structural changes occur in the structure of complex proteins under the influence of NP from the food additive «Magnetofood»: there are formations of the «cluster» type and the electrostatic complexes of biopolymer with NP of «Magnetofood».

The mechanism of the influence of NP from the food additive «Magnetofood» on the binding of H₂O by lipo- and glucoproteids of rye-wheat dough is established. Nanoparticles (NP) of «Magnetofood» modify lipo- and glucoproteids, change the spatial structure, promoting the strengthening of hydration and water retention processes. In particular, under the influence of NP from «Magnetofood», glucoproteids are structurally altered, activated, they acquire additional reactive centers, specifically hydrophilic. As a result, the activated protein fragments of rye-wheat flour, when swelling, wrap around the carbohydrate fragments and form stable glucoprotein complexes. In lipoproteids, due to the presence of the polarized NP of «Magnetofood» and «clusters», as well as the system of hydrogen bonds between dipoles of H₂O, the accumulation of water is observed around NP of «Magnetofood» and in the «clusters» of the lipoprotein chain. That increases the moisture-retaining ability (MRA) of rye-wheat dough.

The mechanism of interaction between the «Magnetofood» nanoparticles and complex proteins and H₂O molecules in the rye-wheat dough system is proposed. The accumulation of water around NP of «Magnetofood» and in the «clusters» of the lipo- and glucoproteids chains is observed as a result of:

- the presence of polarized NP of «Magnetofood»;
- the emergence of «clusters» in the matrices of biopolymers;
- the system of hydrogen bonds between the dipoles of H₂O.

All this contributes to the improvement of MRA of rye-wheat dough.

It was experimentally established that the food additive «Magnetofood» has a comprehensive effect: water-retaining, fat-retaining, and stabilizing. That leads to the improvement of consumer characteristics of bakery products.

From this point of view, the results of research are of interest not only for Ukraine but also for the scientific community in other countries.

Keywords: food additive, protein-carbohydrate complex of flour, lipo- and glucoproteids, mechanism, moisture-retaining ability.

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DOI: 10.15587/1729-4061.2018.140333

RESEARCH INTO EFFECTIVENESS OF USING THE INTEGRATED BREAD BAKING IMPROVER «MINERAL FRESHNESS +» TO SLOW DOWN THE STALING OF BAKERY PRODUCTS (p. 69–78)

Olena Bilyk

National University of Food Technologies, Kyiv, Ukraine
ORCID: <http://orcid.org/0000-0003-3606-1254>

Yulia Bondarenko

National University of Food Technologies, Kyiv, Ukraine
ORCID: <http://orcid.org/0000-0002-3781-5604>

Mykola Desyk

National University of Food Technologies, Kyiv, Ukraine
ORCID: <http://orcid.org/0000-0001-8016-466X>

Anatoliy Sokolenko

National University of Food Technologies, Kyiv, Ukraine
ORCID: <https://orcid.org/0000-0002-1360-9945>

Volodymyr Kovbasa

National University of Food Technologies, Kyiv, Ukraine
ORCID: <http://orcid.org/0000-0002-0350-6109>

Volodymyr Bondar

National University of Food Technologies, Kyiv, Ukraine
ORCID: <http://orcid.org/0000-0002-8106-4174>

Nutritionists recommend elderly people to eat bakery products that were baked on the previous day and enriched with mineral substances. That is why the relevant problem of the baking industry is extension of freshness retention by bakery products for gerodietary purposes. To solve the stated problem, it is recommended to use food additives and ingredients with the GRAS status and integrated bakery improvers. To prolong freshness of bakery products, we developed the integrated bakery improver «Mineral Freshness +», composed of white pharmacopoeian clay, carboxymethylcellulose, emulsifier, amyolytic enzyme preparation, ascorbic acid, maltodextrin and apple pectin. The technological effectiveness of using the integrated bakery improver «Mineral Freshness +» in order to slow down products' staling was proved. The optimal dosage of the improver was found to be 1.5 % of the weight of flour.

The regularities of the influence of the integrated bakery improver «Mineral Freshness +» on the formation of the structural-mechanical properties of dough were determined. It was established that its introduction in dough leads to an increase in the amount of gluten in it and its elastic properties, improves plastic properties of dough, resulting in shorter kneading. Given the intensification of the dough fermentation process at the use of the improver, we recommend applying it in the accelerated technologies, specifically, the fermentation process must be replaced with the process of resting that lasts 30 minutes.

It was found that the products with addition of the integrated bakery improver «Mineral Freshness +» retain freshness better, which is proved by a decrease in friability of crumb, as well as by an increase in its overall deformation and hydrophilic properties. A positive impact of using the integrated bakery improver «Mineral Freshness +» on microbiological indicators was observed, which testifies to its impact on inhibition of the processes of microbiological spoilage of products.

The results of the comprehensive research prove the usefulness of the integrated bakery improver «Mineral Freshness +» in the technology in bakery products to increase their freshness retention up to 72 h of storage without being packaged.

Keywords: integrated bakery improver, wheat loaf, staling, gluten, structural and mechanical properties of dough.

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