

направленный на развитие навыков клинического мышления, решение вопросов индивидуальной фармакотерапии, взаимодействия лекарств между собой и с пищей, путей устранения полипрагмазии, снижение риска развития побочных реакций, коммуникативных умений будущих врачей. Освещены методики оформления работы, проанализированы типичные студенческие ошибки в процессе ее выполнения. Приведены особенности оценки данного вида самостоятельной работы.

**Ключевые слова:** кредитно-модульная система, клиническая фармакология, самостоятельная работа.

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#### **“Protocol of Efficiency and Safety of the Drug” as a Type of Independent Work of Students in the Study of Clinical Pharmacology**

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**Abstract.** The article is devoted to the organization of “Protocol of

efficacy and safety of the drug” writing as a kind of independent work of students, which is one of the ways of intensification of training. The attention is paid to the importance of this form of activities in the training of future doctors, especially in the context of the Bologna process. The experience of this type of independent work of students at the department of clinical pharmacology and pharmacotherapy in SHEI “Ivano-Frankivsk National Medical University” aims to develop clinical thinking skills, issues of individual therapy, drug interactions among themselves and with food, ways to eliminate polypharmacy, reduce risk of adverse reactions, communicative skills of future doctors. We analyzed the method of work design, typical students errors during its execution. The peculiarities of this type of independent work were presented.

**Key words:** credit-modular system, clinical pharmacology, independent work.

Надійшла 22.06.2015 року.

UDK 616.314-007

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#### **Creating a Distal Limited Defect by Surgical Exposure of an Impacted Third Molar. Prognosis and Treatment**

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Restoration of occlusion, speech and aesthetics are the 3 basic problems in prosthetic dentistry. A various number of materials and different treatment methods are used for its perfect implementation, depending on the pathological alterations (7). In most of the clinical cases, when a distal unlimited defect is present, the treatment is limited to elaboration of some kind of a non-fixed denture (4, 13). However, non-fixed partial dentures and model-casted ones are preferred neither from dentists, because of their pathological transmission of the occlusal pressure and loss of bone, nor from patients, because of their mobility.

The great successes of dental implantology, practically allows the transformation of most distal unlimited defects in limited ones and their easier restoration. However, in a lot of the clinical cases this kind of treatment is impossible, because of severe bone loss and need of further bone grafting, close proximity to anatomical features such as the inferior alveolar nerve or the maxillary sinus; or just because of its unaffordable price for most of the patients (6). Fortunately, in some of the clinical cases the lower third molars are with well-formed crowns and radices, despite of the fact that they are impacted (semi-retained). That gives a possibility for including them in restorations, if a favorable ratio between the clinical crown and radix is developed by a surgical intervention (3, 10).

The retained (impacted) teeth are most common for the permanent dentition (highest % - 3<sup>rd</sup> molar). Sometimes there are no symptoms, and the impacted tooth is found by chance, when a X-ray is done. Clinically the impacted tooth could be placed entirely in the jaw(bone), could be covered with mucosa and periosteum, or a little part of it has erupted (5). In case of an impacted tooth, there are several well-known approaches of treatment:

1. Observation- divided in 2 periods: before and after the exposure. During this period of time no act is undertaken, but observing the germination of the tooth.

2. Intervention includes an orthodontic treatment for a short period of time or a surgical excision of the “holder/retainer”, which the tooth cannot erupt.

3. Transposition of the tooth can be achieved by orthodontic methods or surgical ones, as well: re-implantation of the tooth.

4. Extraction – if there is no option for the tooth to be placed in a proper position in the dental arc (1, 2, 14).

#### **CLINICAL CASE**

**Anamnesis morbi:** Patient K.I., age 28, from Plovdiv (No:384) Seeks dental help due to a pain in left lower jaw while eating. He complains from bad breath, hard chewing and low aesthetics. The first inconvenience appeared about 2 years ago.

**Anamnesis vitae:** The patient does not report for any other illnesses or allergies.

**Anamnesis familiae:** The patient does not report for any hereditary dental diseases. **PICTURE (Fig. 1)**

#### **Status praesens generalis:**

Patient is active, answers adequately the questions; pulse: 72; RR: 110/70.

#### **Status localis extraoralis:**

During the extra-oral inspection is not found any facial asymmetry. Skin's turgor is normal, without any alterations.

Palpation of the lymph nodes is done. Nothing pathological is found. TMJ- symmetric, without any alterations.

#### **Status localis intraoralis:**

Normal mouth opening; the buccal, vestibular, palatal mucosa and tongue are without any alteration: faint pink, bright, well humidified, absence of oral lesions. The tongue has normal mobility.

It's seen radices of 36 and 37, on the gingival level. There is no pain during exploration, percussion and pressure. Hypertrophied mucosa over tooth 37's radices, 2<sup>nd</sup> degree mobility. Missing tooth 45.

#### **Dental Status (Fig. 2):**

#### **Periodontal status:**

- Gingiva: pink to red, with mild consistency
- Gingival margin – swollen, at ECB's level, Papilla-swollen
- Attached gingival level – 3 mm
- Green Vermilion CI – 1,70 DI - 1, 75
- Bleeding – 78 %
- Periodontal “pockets” 3-4 mm – 17, 16, 15, 14, 13, 24, 25, 26, 37, 36, 35, 32, 41, 46, 47- (over 3-4 mm)
- Degree of furcation affection- 36, 37- IV degree
- Mobility (Miller) – 36 I degree ; 37 II degree

#### **Paraclinical tests:**

Orthopantomography and segment Ro-gr. ( Dick )



- After treatment:  $DI=0.64$ ; Bleeding - 39%;**



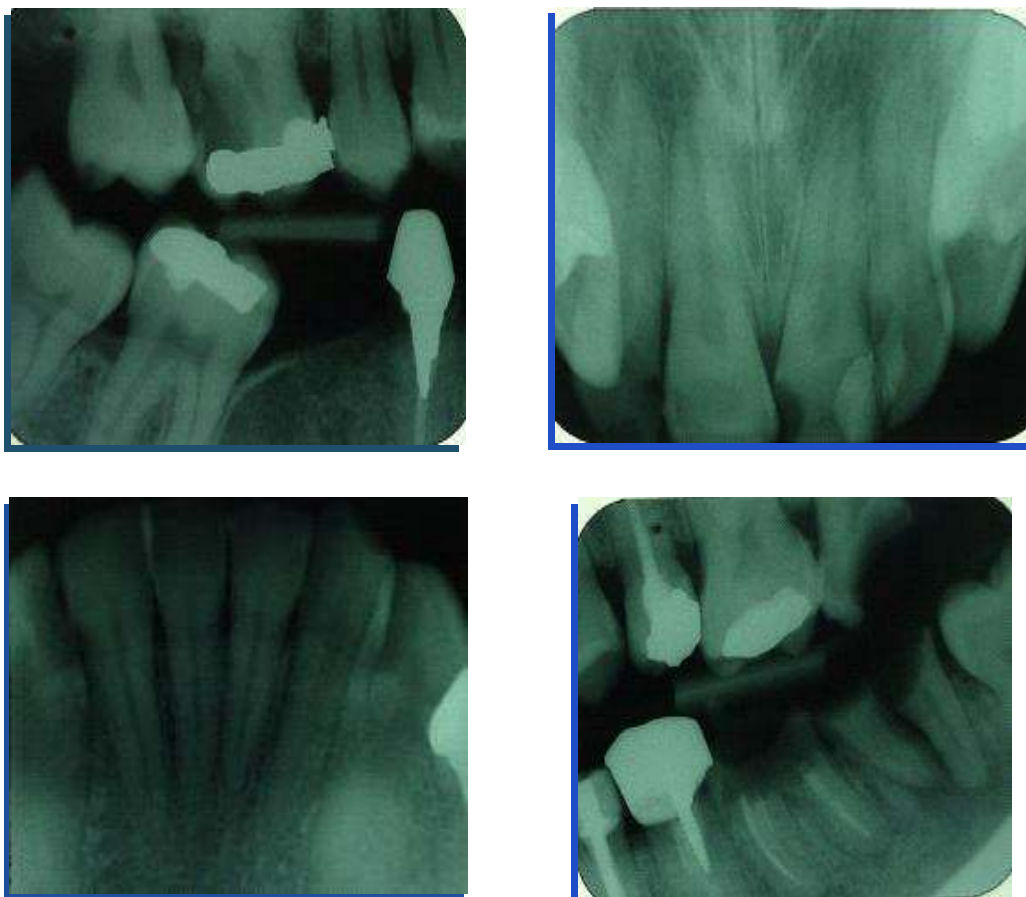


Fig. 3.



Fig. 4.

**Corrective phase:** surgical and prosthetic treatment;

**Supporting phase:** Eludril-2 weeks/ Sandrin every day;

Prophylactic examinations- every 4 months; re-motivation and re-treatment, if needed (Fig. 4);

**2. Extractio dentes 36, 37;**

Anesthesia: Mandibular block

Medicament: Ubistesin e4%

Instruments: Straight and left levers

**3. Surgical intervention**

disclosure of the impacted third molar (Fig 5)

**4. Re-treatment of 35, placement of model-casted post.**

The reason for falling of 35's metal-ceramic crown is the corrosion of the golden-brassy post and it's continuous humid infiltration on the bound between the tooth and the composite. Due to which under the restoration is developed a carious process and after a period of time the crown falls together with the post and the composite (12) (Fig. 6).

Periodontitis chr. fibrosa

Re-treatment 35 (Fig. 7.)

Fixing of an indirect post – 35 (11) (Fig. 8)





Fig. 5.



Fig. 6.



Fig.7.



Fig. 8.

Endodontic treatment 16 (Fig. 9)

Caries media 24 (Fig. 10)

Old fillings change (Fig. 11)

**5. Preparation of 34, 35 u 38, taking an impression, fixing the bridge 34, 35-38 (8, 9)**

- 34 and 35 – using wide shoulder margins, reduction of 1,5-1,8mm;
- 38-preparation for an inlay (Fig. 12);

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Fig. 9.



Fig.10.



Fig. 11.



Fig. 12.

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**Створення дистального обмеженого дефекту за допомогою хірургічного впливу на вражений третій моляр. Прогноз та лікування**

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**Резюме.** Відновлення оклюзії, мови і естетики – це 3 основні проблеми в ортопедичній стоматології. Різна кількість матеріалів та різних методів лікування використовуються для її ідеальної реалізації, залежно від патологічних змін. У більшості клінічних випадків, коли присутній дистальний необмежений дефект, лікування обмежується розробкою якогось виду нефіксованого протезу. Тим не менше, нефіксованим частковим та вилитим із моделей протезам не надають перевагу ані стоматологи, через їх патологічний вплив на прикус та втрату кісткової тканини, ані пацієнти, через їх рухомість.

Великі успіхи стоматологічної імплантології практично дозволяють перетворити більшість дистальних необмежених дефектів на обмежені та полегшують їх відновлення. Тим не менш, у багатьох клінічних випадках цей вид лікування є неможливим через виражену втрату кісткової тканини та необхідність подальшої кісткової пластики, безпосередню близькість до анатомічних особливих структур, таких як нижнього альвеолярного нерва або верхньощелепної пазухи; або просто через його недоступну ціну для більшості пацієнтів. На щастя, в деяких клінічних випадках, нижні треті моляри – з добре сформованими коронками та коренями, не зважаючи на той факт, що вони вражені (напівзбережені). Це дає можливість для їх відновлення, якщо за допомогою хірургічного втручання розроблено сприятливе співвідношення клінічної коронки та кореня.

Received 22.06.2015.