# Rate of Decay of the Bernstein Numbers 

A. Plichko<br>Department of Mathematics, Cracow University of Technology<br>Cracow, Poland<br>E-mail: aplichko@pk.edu.pl

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We show that if a Banach space $X$ contains uniformly complemented $\ell_{2}^{n}$ 's then there exists a universal constant $b=b(X)>0$ such that for each Banach space $Y$, and any sequence $d_{n} \downarrow 0$ there is a bounded linear operator $T: X \rightarrow Y$ with the Bernstein numbers $b_{n}(T)$ of $T$ satisfying $b^{-1} d_{n} \leq b_{n}(T) \leq b d_{n}$ for all $n$.

Key words: B-convex space, Bernstein numbers, Bernstein pair, uniformly complemented $\ell_{2}^{n}$, superstrictly singular operator.

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To the memory of M.I. Kadets

## 1. Introduction and Main Result

Let $X, Y$ be Banach spaces and let $\mathcal{L}(X, Y)$ be the space of all bounded linear operators from $X$ to $Y$. Notationally, all spaces are infinite dimensional real Banach spaces unless otherwise specified.

Definition 1. An operator $T \in \mathcal{L}(X, Y)$ is called superstrictly singular (SSS for short; finitely strictly singular in other terminology) if there are no number $c>0$ and no sequence of subspaces $E_{n} \subset X, \operatorname{dim} E_{n}=n$, such that

$$
\begin{equation*}
\|T x\| \geq c\|x\| \quad \text { for all } x \text { in } \cup_{n} E_{n} . \tag{1}
\end{equation*}
$$

Put for an operator $T$

$$
\begin{equation*}
b_{n}(T)=\sup \min _{x \in S_{E}}\|T x\| \tag{2}
\end{equation*}
$$

where supremum is taken over all $n$-dimensional subspaces $E \subset X$ and $S_{E}$ is the unit sphere of $E$. Evidently,

$$
\|T\|=b_{1}(T) \geq b_{2}(T) \geq \cdots \geq 0
$$

[^0]$T$ is SSS if and only if
$$
b_{n}(T) \rightarrow 0 \quad \text { as } \quad n \rightarrow \infty
$$
and the greatest constant $c$ for which (1) is satisfied, is equal to $\lim _{n \rightarrow \infty} b_{n}(T)$.
Obviously, every compact operator is SSS and $T$ has finite rank if and only if $b_{n}(T)=0$ beginning with some integer $n$. Observe, that if $T$ has infinite rank then for each $n$ the set $\mathcal{I}_{n}(T)$ of all $n$-dimensional subspaces $E$ such that $\left.T\right|_{E}$ are injective, is dense in the set of all $n$-dimensional subspaces. Then the formula (2) turns into the following one
\[

$$
\begin{equation*}
b_{n}(T)=\sup _{E \in \mathcal{I}_{n}(T)} \frac{1}{\left\|\left(\left.T\right|_{E}\right)^{-1}\right\|} \tag{3}
\end{equation*}
$$

\]

The $b_{n}(T)$, which are called the Bernstein numbers, were considered in Approximation and Operator Theory. The constants $b_{n}(T)$ show how small is the $T$-image of the unit sphere $S_{X}$. For a compact operator $T$ in a Hilbert space $H$ they coincide with $s$-numbers which are defined as eigenvalues of the operator $\left(T^{*} T\right)^{1 / 2}$. There are several generalizations of $s$-numbers to Banach spaces (see below for details).

The Bernstein numbers take origin (see Whitley [26]) in the following classical inequalities:

If $p_{n}$ is a polynomial of degree at most $n$, then for its derivative

$$
\left\|p_{n}^{\prime}\right\| \leq n^{2}\left\|p_{n}\right\|
$$

the norm being the supremum norm on $[-1,1]$ (Markov [13]).
If $q_{n}$ is a complex trigonometric polynomial of degree at most $n$, then

$$
\left\|q_{n}^{\prime}\right\| \leq n\left\|q_{n}\right\|
$$

the norm being the supremum norm on the unite circle (Bernstein [2]).
Both of these inequalities have the same form: A Banach space, a derivation operator $D$ and an $(n+1)$-dimensional subspace $F$ are given. The conclusion estimates the value of $\left\|\left.D\right|_{F}\right\|$. From this point of view it is natural to ask to what extent the norm depend on $F$. In particular, what improvement is possible, i.e. what is the best possible constant

$$
\inf \left\{\left\|\left.D\right|_{F}\right\|: \operatorname{dim} F=n\right\} ?
$$

It appears that this constant is equal to $n$ [26]. Considering the inverse of $D$ we arrive to the notion of the Bernstein numbers. We find $b_{n}(T)$ as far as in (Krein/Krasnoselskiŭ/Milman [11]). After (Mitiagin/Henkin [16]), SSS operators
were introduced implicitly by Mitiagin and Petczyński [17] and explicitly, under the name "operators of the class $C_{0}^{* "}$, by Milman [15].

The important role has been played by Pietsch's paper [19] where systematic theory of abstract $s$-numbers in Banach spaces was developed (see also [20]). In particular, Pietsch noted the importance of duality and of the principle of local reflexivity. The term "superstrictly singular operator" was introduced in (Hinrichs/Pietsch [7]), where this class was investigated by machinery of superideals, and by Mascioni [14]. For further progress in the theory of SSS operators in general Banach spaces see e.g. (Plichko [24]) and (Flores/Hernández/Raynaud [6]).

As we noted, an operator $T$ is SSS if and only if $b_{n}(T) \downarrow 0$. One can pose an "inverse" problem. Let $X, Y$ be Banach spaces and $d_{n} \downarrow 0$. Does there exist $T \in \mathcal{L}(X, Y)$ such that $b_{n}(T)=d_{n}$ for every $n$ ? We have a little chance to obtain a positive answer. So, we will consider a weaker question which is natural in a more general setting.

According to Pietsch [21], a map $s$ which assigns to each bounded linear operator $T$ between Banach spaces a unique sequence $\left(s_{n}(T)\right)$, is called an $s$-function if for all Banach spaces $W, X, Y, Z$ :

1. $\|T\|=s_{1}(T) \geq s_{2}(T) \geq \cdots \geq 0$ for all $T \in \mathcal{L}(X, Y)$.
2. $s_{n}(S+T) \leq s_{n}(S)+\|T\|$ for all $S, T \in \mathcal{L}(X, Y)$ and all $n$.
3. $s_{n}(R S T) \leq\|R\| s_{n}(S)\|T\|$ for all $T \in \mathcal{L}(X, Y), S \in \mathcal{L}(Y, Z)$ and $R \in \mathcal{L}(Z, W)$.
4. If $T \in \mathcal{L}(X, Y)$ and $\operatorname{rank} T<n$, then $s_{n}(T)=0$.
5. $s_{n}(I)=1$ for all $n$, where $I$ is the identity map of $\ell_{2}^{n}$.

The scalar $s_{n}(T)$ is called the nth s-number of the operator $T$. The Bernstein numbers are $s$-numbers. Another example of $s$-numbers are the approximation numbers defined by the formula

$$
a_{n}(T)=\inf \{\|T-L\|: L \in \mathcal{L}(X, Y), \operatorname{rank} L<n\} .
$$

These numbers are connected with the well known approximation property of Banach spaces and characterize the ideal of approximable operators: $a_{n}(T) \rightarrow 0$ if and only if $T$ is approximable. The approximation numbers are the largest $s$-numbers [19].

Aksoy and Lewicki [1] have introduced the following general concept.

Definition 2. Banach spaces $X$ and $Y$ are said to form a Bernstein pair with respect to $s$-numbers $s_{n}$ if for any sequence $d_{n} \downarrow 0$, there exists $T \in \mathcal{L}(X, Y)$ such
that $\left(s_{n}(T)\right)$ is equivalent to $\left(d_{n}\right)$, i.e. there is a constant $b$ depending only on $T$ such that for every $n$

$$
b^{-1} d_{n} \leq s_{n}(T) \leq b d_{n}
$$

This definition was motivated by well known Bernstein's "lethargy" theorem [4] and is a generalization of Bernstein pair with respect to the approximation numbers (see Hutton/Morell/Retherforsd [8, 9]). Note that Hutton, Morell and Retherforsd implicitly refereed Bernstein's lethargy theorem to [3]. In [8, 9] it was proved that many pairs of classical Banach spaces form the Bernstein pair with respect to the approximation numbers. The authors advanced a hypothesis that all couples of Banach spaces form Bernstein pairs (with respect to approximation numbers). Aksoy and Lewicki [1] showed that many classical Banach spaces form Bernstein pairs with respect to all $s$-numbers. Detailed investigations of "rate of decay" of many $s$-numbers (Kolmogorov, Gelfand, Weyl, Hilbert,. . . numbers) was carried out by Oikhberg [18]. We consider a similar question for the Bernstein numbers. Ideal properties of the Bernstein numbers was considered by Samarskiĭ [25] and Pietsch [21].

First, we present simple examples of pairs $(X, Y)$ which are not Bernstein with respect to the Bernstein numbers. They are, in fact, well known (see e.g. Mitiagin/Pełczyński [17]).

For a subspace $E$ of a Banach space $X$ denote by $\lambda(E, X)$ the relative projection constant

$$
\lambda(E, X)=\inf \|P\|
$$

where inf is taken over all projections $P$ of $X$ onto $E$. Given a Banach space $X$ put

$$
p_{n}(X)=\inf \{\lambda(E, X): E \subset X, \operatorname{dim} E=n\}
$$

Note that one can take infimum here only over a dense subset of all $n$-dimensional subspaces.

Proposition 1. Let $T \in \mathcal{L}(X, H)$, where $H$ is a Hilbert space and $\operatorname{dim} T(X)$ $=\infty$. Then for every $n$

$$
b_{n}(T) \leq \frac{1}{p_{n}(X)}\|T\|
$$

Proof. Let $b>1$ and $E_{b} \in \mathcal{I}_{n}(T)$ be such that $\left\|\left(\left.T\right|_{E_{b}}\right)^{-1}\right\|<b b_{n}(T)$ (see (3)). Take the orthogonal projection $Q$ of $H$ onto $T\left(E_{b}\right)$. Then $P=\left(\left.T\right|_{E_{b}}\right)^{-1} Q T$ is a projection of $X$ onto $E_{b}$. So

$$
\lambda\left(E_{b}, X\right) \leq\|P\| \leq\left\|\left(\left.T\right|_{E_{b}}\right)^{-1}\right\| \cdot\|Q\| \cdot\|T\|<b b_{n}(T)^{-1}\|T\|
$$

Hence

$$
p_{n}(X)=\inf _{\operatorname{dim} E=n} \lambda(E, X) \leq \lambda\left(E_{b}, X\right) \leq b b_{n}(T)^{-1}\|T\|
$$

Since $b>1$ is arbitrary, this implies Proposition 1.

Corollary 1. Let an operator $T \in \mathcal{L}(X, Y)$ can be factored through a Hilbert space $H: T=R S, R \in \mathcal{L}(X, H), S \in \mathcal{L}(H, Y)$ and $\operatorname{dim} T(X)=\infty$. Then for every $n$

$$
b_{n}(T) \leq \frac{1}{p_{n}(X)}\|R\|\|S\|
$$

Proof. Indeed, by Proposition 1,

$$
b_{n}(T) \leq b_{n}(R)\|S\| \leq \frac{1}{p_{n}(X)}\|R\|\|S\|
$$

For operators, factored through Hilbert spaces see [12].
Definition 3. We say that a Banach space $X$ contains no uniformly complemented finite-dimensional subspaces if $p_{n}(X) \rightarrow \infty$ as $n \rightarrow \infty$.

The well known Pisier space $\mathcal{P}[22,23]$ contains no uniformly complemented finite-dimensional subspaces. Moreover, there exists $\lambda>0$ such that $p_{n}(\mathcal{P}) \geq$ $\lambda \sqrt{n}$ for all $n$.

Corollary 2. Every operator from a Banach space $X$, containing no uniformly complemented finite-dimensional subspaces, into a Hilbert space $H$ is SSS.

Corollary 3. There is $\lambda>0$ such that for every operator $T \in \mathcal{L}(\mathcal{P}, H)$ and every $n$

$$
b_{n}(T) \leq \frac{1}{\lambda \sqrt{n}}\|T\|
$$

R e m a r k 1. Since every $n$-dimensional subspace $E \subset X$ is a range of a projection $P: X \rightarrow E$ with $\|P\| \leq \sqrt{n}$ (Kadets/Snobar [10]), one cannot obtain a better estimation of $b_{n}(T)$ with using of projections. A similar estimation for operators from $C(K)$ into $H$, but with constants $\sqrt[4]{n}$ instead of $\sqrt{n}$, was noted in [17].

Proposition 1 implies
Corollary 4. Assume $X$ contains no uniformly complemented finite-dimensional subspaces and $H$ is a Hilbert space. Then the pair $(X, H)$ is not Bernstein with respect to the Bernstein numbers.

Proof. Indeed, by Proposition 1 , for every $T \in \mathcal{L}(X, H)$ the sequence $b_{n}(T)$ cannot go to 0 "more slowly" than $1 / p_{n}(c)$.

An $n$-dimensional normed space $(E,\| \|)$ is said to be $a$-isomorphic to $\ell_{2}^{n}$ (write $E \stackrel{a}{\sim} \ell_{2}^{n}$ ), $a>1$, if there exists an Euclidean norm $\left\|\|_{2}\right.$ on $E$ such that for every $e \in E$

$$
a^{-1}\|e\| \leq\|e\|_{2} \leq a\|e\| .
$$

If in this definition the constants $a$ and $n$ are inessential, we say simply about almost Euclidean subspaces.

Remark 2. If $E \stackrel{a}{\sim} \ell_{2}^{n}$ then for every subspace $F \subset E$ there is a projection $P: E \rightarrow F$ with $\|P\| \leq a^{2}$.

If $E \stackrel{a}{\sim} \ell_{2}^{n}$ then it have an $a$-orthonormal basis, i.e. a system $\left(e_{i}\right)_{1}^{n}$ such that $\left\|e_{i}\right\|=1$ for all $i$ and for all scalars $\left(a_{i}\right)$

$$
a^{-1}\left(\sum_{1}^{n} a_{i}^{2}\right)^{1 / 2} \leq\left\|\sum_{1}^{n} a_{i} e_{i}\right\| \leq a\left(\sum_{1}^{n} a_{i}^{2}\right)^{1 / 2}
$$

Remark 3. For an $a$-orthonormal basis, the norm of each projection $P_{i}$, $i<n$, of $E$ onto $\operatorname{lin}\left(e_{j}\right)_{1}^{i}$ along to $\operatorname{lin}\left(e_{j}\right)_{i+1}^{n}$ is not greater than $a^{2}$.

Definition 4. (see e.g. [22, p. 215]). A Banach space $X$ contains uniformly complemented $\ell_{2}^{n}$ 's $i f$ there is a constant $d$ such that for every $\varepsilon>0$ and for each $n$ there is a subspace $E \subset X$ and a projection $P: X \rightarrow E$ such that $E \stackrel{1+\varepsilon}{\sim} \ell_{2}^{n}$ and $\|P\|<d$.

Note that by Dvoretzky's theorem, if this holds for some $\varepsilon$, then it automatically holds for all $\varepsilon$.

We will show that uniformly complemented almost Euclidean subspaces play a crucial role in constructing of Bernstein pairs.

Theorem 1. If a Banach space $X$ contains uniformly complemented $\ell_{2}^{n}$ 's then there exists a universal constant $b=b(X)>0$ such that for each Banach space $Y$, and any sequence $d_{n} \downarrow 0$ there exist a bounded linear operator $T: X \rightarrow Y$ such that for all $n$

$$
b^{-1} d_{n} \leq b_{n}(T) \leq b d_{n} .
$$

Corollary 5. Let a Banach space $X$ contain uniformly complemented $\ell_{2}^{n}$ 's. Then for every Banach space $Y$ the pair $(X, Y)$ is Bernstein with respect to the Bernstein numbers.

A Banach space $X$ is $B$-convex if it does not contain $\ell_{1}^{n}$ 's uniformly. Since every $B$-convex Banach space contains uniformly complemented $\ell_{2}^{n}$ 's (see e.g. [22, pp. 208, 215]), we have

Corollary 6. Let $X$ be a B-convex Banach space. Then for every Banach space $Y$ the pair $(X, Y)$ is Bernstein with respect to the Bernstein numbers.

This corollary recalls us the well known Davis-Johnson compact non-nuclear operator in a $B$-convex Banach space [5].

Problem. Does ( $X, X$ ) form a Bernstein pair with respect to the Bernstein numbers for every Banach space $X$ ?

## 2. Proof of the Main Result

To prove Theorem 1 we construct a "bounded minimal system" consisting of almost Euclidean subspaces of arbitrary large dimensions in an arbitrary Banach space containing uniformly complemented $\ell_{2}^{n}$ 's.

Lemma 1. Let $X$ contain uniformly complemented $\ell_{2}^{n}$ 's, with corresponding $\varepsilon$ and $d$ and let $d^{\prime}>(1+\varepsilon)^{4} d$. Then for each finite codimensional subspace $X^{\prime} \subset X$, each finite dimensional subspace $E \subset X$ and each $m$ there exists a subspace $E^{\prime} \subset X^{\prime}, E^{\prime} \stackrel{1+\varepsilon}{\sim} \ell_{2}^{m}$ and a projection $P^{\prime}: X \rightarrow E^{\prime}$ with $\left\|P^{\prime}\right\|<d^{\prime}$ and $\operatorname{ker} P^{\prime} \supset E$.

Proof. By definition, one can find an almost Euclidean subspace $E_{0} \subset X$, $\operatorname{dim} E_{0}>m+\operatorname{dim} E+\operatorname{dim} X / X_{0}$ and a projection $P_{0}: X \rightarrow E_{0}$ with $\left\|P_{0}\right\|<d$. Since $E_{0}$ is almost Euclidean, by Remark 2, there exists a projection $Q_{0}: E_{0} \rightarrow$ $E_{1}:=E_{0} \cap X_{0}$ with $\left\|Q_{0}\right\| \leq(1+\varepsilon)^{2}$. Obviously, $\operatorname{dim} E_{1} \geq m+\operatorname{dim} E$. Put $P_{1}=Q_{0} P_{0}$. Then $P_{1}$ is a projection of $X$ onto $E_{1}$ and $\left\|P_{1}\right\| \leq(1+\varepsilon)^{2} d$.

Since $E_{1}$ is almost Euclidean, by Remark 2, there exists a subspace $E^{\prime} \subset E_{1}$, $\operatorname{dim} E^{\prime}=m$, and a projection $Q_{1}: E_{1} \rightarrow E^{\prime}$ with $\left\|Q_{1}\right\| \leq(1+\varepsilon)^{2}$ and $\operatorname{ker} Q_{1} \supset$ $P(E)$. Then $P^{\prime}=Q_{1} P_{1}$ is the desired projection.

Lemma 2. Let $X$ contain uniformly complemented $\ell_{2}^{n}$ 's, with corresponding $\varepsilon$ and d. Then for any subsequence $\left(m_{k}\right)_{k=1}^{\infty}$ of integers there are subspaces $E_{k} \subset X$, each $E_{k} \stackrel{1+\varepsilon}{\sim} \ell_{2}^{m_{k}}$, with projections $P_{k}: X \rightarrow E_{k},\left\|P_{k}\right\| \leq d$, such that each $E_{i}$, $i \neq k$, belongs to $\operatorname{ker} P_{k}$.

Proof. Of course, one must write $\left\|P_{k}\right\| \leq d^{\prime}$, where $d^{\prime}$ is from the previous lemma, but the exact value of the constant $d$ is non-essential here. We present a construction only.

Take, by definition, a subspace $E_{1} \subset X, E_{1} \stackrel{1+\varepsilon}{\sim} \ell_{2}^{m_{1}}$, and a projection $P_{1}: X \rightarrow E_{1}$ with $\left\|P_{1}\right\| \leq d$.

Then take, by Lemma 1, a subspace $E_{2} \subset \operatorname{ker} P_{1}, E_{2} \stackrel{1+\varepsilon}{\sim} \ell_{2}^{m_{2}}$, and a projection $P_{2}: X \rightarrow E_{2}$ with $\left\|P_{2}\right\| \leq d$ and ker $P_{2} \supset E_{1}$.

Next take, by Lemma 1, a subspace $E_{3} \subset \operatorname{ker} P_{1} \cap \operatorname{ker} P_{2}, E_{3} \stackrel{1+\varepsilon}{\sim} \ell_{2}^{m_{3}}$, and a projection $P_{3}: X \rightarrow E_{3}$ with $\left\|P_{3}\right\| \leq d$ and ker $P_{3} \supset\left(E_{1} \cup E_{2}\right)$, and so on.

Remark 4. Let ( $E_{k}$ ) be subspaces from Lemma 2. Then for every $k \geq 1$

$$
X=E_{1} \oplus E_{2} \oplus \cdots E_{k} \oplus\left(\cap_{i=1}^{k} \operatorname{ker} P_{i}\right) .
$$

Next, using the Dvoretzky theorem, we construct in an arbitrary Banach space a subspace with "bounded minimal system" consisting of almost Euclidean subspaces of arbitrary large dimensions. Denote by $[A]$ the closed linear span of the set $A$.

Lemma 3. Let $Y$ be a Banach space, $\varepsilon>0$, and $\left(m_{k}\right)_{k=1}^{\infty}$ be a sequence of integers. Then there exist subspaces $F_{k} \subset Y$, each $F_{k} \stackrel{1+\varepsilon}{\sim} \ell_{2}^{m_{k}}$, and projections $Q_{k}:\left[F_{i}\right]_{1}^{\infty} \rightarrow \operatorname{lin}\left(F_{i}\right)_{1}^{k}$ along $\left[F_{i}\right]_{k+1}^{\infty}$ with $\left\|Q_{k}\right\| \leq 1+\varepsilon$.

Proof. Lemma 3 is a standard combination of the Dvoretzky and Mazur theorems. We present a construction only. Recall that a subset $\Phi \subset Y^{*} \lambda$-norms a subspace $F \subset Y$ if for every $y \in S_{F}$ there is $\varphi \in \Phi$ such that $\varphi(y) \geq \lambda$. For each finite-dimensional subspace $F \subset Y$ and $0<\lambda<1$ there is a finite set $\Phi \subset S_{Y^{*}}$ which $\lambda$-norms $F$.

So, take a subspace $F_{1} \subset Y, F_{1} \stackrel{1+\varepsilon}{\sim} \ell_{2}^{m_{1}}$, and a finite subset $\Phi_{1} \subset S_{X^{*}}$ which $(1+\varepsilon)^{-1}$-norms $F_{1}$.

Then take a subspace

$$
F_{2} \subset \Phi_{1}^{\top}:=\left\{y \in Y: \varphi(y)=0 \text { for all } \varphi \in \Phi_{1}\right\}
$$

$F_{2} \stackrel{1+\varepsilon}{\sim} \ell_{2}^{m_{2}}$, and a finite subset $\Phi_{2} \subset S_{X^{*}}$ which $(1+\varepsilon)^{-1}$-norms $F_{1}+F_{2}$.
Next, take a subspace $F_{3} \subset \Phi_{2}^{\top}, F_{3} \stackrel{1+\varepsilon}{\sim} \ell_{2}^{m_{3}}$, and a finite subset $\Phi_{3} \subset S_{X^{*}}$ which $(1+\varepsilon)^{-1}$-norms $F_{1}+F_{2}+F_{3}$, and so on.

In the proof we use diagonal operators in Euclidean spaces whose Bernstein numbers are well known.

Definition 5. Let $E$ and $F$ be linear spaces with bases $\left(e_{n}\right)_{1}^{m}$ and $\left(f_{n}\right)_{1}^{m}$. Let $\left(d_{n}\right)_{1}^{m}$ be scalars. A map

$$
D\left(\sum_{1}^{m} a_{n} e_{n}\right)=\sum_{1}^{m} d_{n} a_{n} f_{n}
$$

is called the diagonal operator corresponding to $\left(e_{n}\right),\left(f_{n}\right)$ and $\left(d_{n}\right)$.

Proposition 2. (sf. [19, Th. 7.1]). Let $\left(e_{n}\right)_{1}^{m}$ be the standard basis of $\ell_{2}^{m}$, $d_{1} \geq d_{2} \geq \cdots \geq d_{m} \geq 0$ and
$D$ be the diagonal operator in $\ell_{2}^{m}$ corresponding to $\left(e_{n}\right)_{1}^{m}$ and $\left(d_{n}\right)_{1}^{m}$.
Then for all $n \leq m$

$$
\begin{aligned}
& \min \left\{\|D x\|: x \in \operatorname{lin}\left(e_{j}\right)_{1}^{n},\|x\|=1\right\}=d_{n} \text { and } \\
& \max \left\{\|D x\|: x \in \operatorname{lin}\left(e_{j}\right)_{n}^{m},\|x\|=1\right\}=d_{n}
\end{aligned}
$$

Corollary 7. Assume m-dimensional normed spaces $E$ and $F$ have a-orthonormal bases $\left(e_{n}\right)_{1}^{m}$ and $\left(f_{n}\right)_{1}^{m}$,
$d_{1} \geq d_{2} \geq \cdots \geq d_{m} \geq 0$ and
$D$ is the diagonal operator corresponding to $\left(e_{n}\right),\left(f_{n}\right),\left(d_{n}\right)$.
Then there is $c>1$, depending only on $a$, such that for all $n \leq m$

$$
\begin{aligned}
& \min \left\{\|D x\|: x \in \operatorname{lin}\left(e_{j}\right)_{1}^{n},\|x\|=1\right\} \geq \frac{d_{n}}{c} \quad \text { and } \\
& \max \left\{\|D x\|: x \in \operatorname{lin}\left(e_{j}\right)_{n}^{m},\|x\|=1\right\} \leq c d_{n}
\end{aligned}
$$

Proof of Theorem 1. Let $d_{n} \downarrow 0$. Take a subsequence $\left(n_{k}\right)_{k=1}^{\infty}$ of integers which approach to $\infty$ so quickly that for all $k \geq 1$

$$
\begin{equation*}
d_{n_{k+1}}<\frac{1}{4} d_{n_{k}} \tag{4}
\end{equation*}
$$

Hence, for every $k \geq 1$

$$
\begin{equation*}
\sum_{i=k+1}^{\infty} d_{n_{i}}<\frac{1}{2} d_{n_{k}} \tag{5}
\end{equation*}
$$

Let $0<\varepsilon<1, E_{k}$ be subspaces from Lemma 2 and $F_{k}, k \geq 1$, be subspaces from Lemma 3 with $m_{k}:=n_{k}-n_{k-1}$ (and $n_{0}=0$ ). Take in each $E_{k}$ and each $F_{k}$ some $(1+\varepsilon)$-orthonormal bases. Rearrange these bases in the natural way, putting first the basis $e_{1}, \ldots, e_{n_{1}}$ of $E_{1}$, then the basis $e_{n_{1}+1}, \ldots, e_{n_{2}}$ of $E_{2}$ and so on; and similarly for $Y$. We obtain systems $\left(e_{n}\right)_{1}^{\infty}$ in $X$ and $\left(f_{n}\right)_{1}^{\infty}$ in $Y$.

Put $N_{k}=\left\{n: n_{k-1}<n \leq n_{k}\right\}$. Using Corollary 7, (with $c$ from this corollary) we construct for every $k \geq 1$ the diagonal operator $D_{k}: E_{k} \rightarrow F_{k}$ corresponding to the bases $\left(e_{n}\right),\left(f_{n}\right)$ and scalars $\left(d_{n}\right), n \in N_{k}$, such that for all $n \in N_{k}$

$$
\begin{align*}
& \min \left\{\left\|D_{k} x\right\|: x \in\left[e_{j}\right]_{n_{k-1}+1}^{n},\|x\|=1\right\} \geq \frac{d_{n}}{c} \text { and }  \tag{6}\\
& \max \left\{\left\|D_{k} x\right\|: x \in\left[e_{j}\right]_{n}^{n_{k}},\|x\|=1\right\} \leq c d_{n} \tag{7}
\end{align*}
$$

Let $P_{k}$ be the projections from Lemma 2. For every $x \in X$ put

$$
\begin{equation*}
T x=\sum_{i=1}^{\infty} D_{i} P_{i} x \tag{8}
\end{equation*}
$$

(bellow we will show that the series (8) converges for each $x \in X$ ).

We make forth estimations. Let $d$ be from Lemma 2 and $c$ be from Corollary 7 .

1. For every $k \geq 1$ and $x \in X,\|x\|=1$,

$$
\sum_{i=k+1}^{\infty}\left\|D_{i} P_{i} x\right\|<2 c d d_{n_{k}} .
$$

Indeed, $P_{i} x \in E_{i}$ and $\left\|P_{i} x\right\| \leq\left\|P_{i}\right\|\|x\| \leq d$ for all $i$, so

$$
\begin{aligned}
\sum_{i=k+1}^{\infty}\left\|D_{i} P_{i} x\right\| \leq \text { by }(7) & \leq c d d_{n_{k}+1}+\sum_{i=k+2}^{\infty} c d d_{n_{i}+1} \\
& \leq \text { by }(5) \leq c d d_{n_{k}}+\frac{c}{2} d d_{n_{k+1}}<2 c d d_{n_{k}}
\end{aligned}
$$

In particular, this inequality shows that series (8) converges for each $x \in X$, so $T$ is well defined.
2. For every $k \geq 1$ and $n \in N_{k}$

$$
\sup \left\{\|T x\|: x \in\left[e_{j}\right]_{n}^{n_{k}} \oplus \cap_{i=1}^{k} \operatorname{ker} P_{i},\|x\|=1\right\} \leq 3 c d d_{n}
$$

(by Remark 4, the sum here is direct).
Indeed, take $x \in\left[e_{j}\right]_{n}^{n_{k}} \oplus \cap_{i=1}^{k}$ ker $P_{i},\|x\|=1$. Then, by definition of $P_{i}$, $T x=\sum_{i=k}^{\infty} D_{i} P_{i} x$, so

$$
\begin{aligned}
\|T x\| & \leq\left\|D_{k} P_{k} x\right\|+\sum_{i=k+1}^{\infty}\left\|D_{i} P_{i} x\right\| \leq(\text { by } \mathbf{1}) \leq\left\|D_{k} P_{k} x\right\|+2 c d d_{n_{k}} \\
& \leq\left(\text { since }\left\|P_{k}\right\| \leq d, \text { by }(7)\right) \leq c d d_{n}+2 c d d_{n}=3 c d d_{n}
\end{aligned}
$$

3. For every $k \geq 1$ and $x \in \operatorname{lin}\left(E_{i}\right)_{1}^{k},\|x\|=1$,

$$
\|T x\| \geq \frac{1}{4(1+\varepsilon)} \cdot \frac{d_{n_{k}}}{c}
$$

We prove estimation $\mathbf{3}$ by induction. For $k=1$, $T x=D_{1} x$, so $\mathbf{3}$ is followed from (6) if we take in (6) $n=n_{1}$. Suppose $k>1$, estimation $\mathbf{3}$ is proved for $k-1$, and $x \in \operatorname{lin}\left(E_{i}\right)_{1}^{k},\|x\|=1$. Then

$$
x=x_{1}+x_{2}, \quad x_{1} \in \operatorname{lin}\left(E_{i}\right)_{1}^{k-1}, \quad x_{2} \in E_{k}
$$

and, by the construction of $P_{i}$,

$$
T x_{1}=\sum_{i=1}^{k-1} D_{i} P_{i} x_{1} \quad \text { and } \quad T x_{2}=D_{k} P_{k} x_{2}
$$

Hence, by the construction of $D_{i}$,

$$
T x_{1} \in \operatorname{lin}\left(F_{i}\right)_{1}^{k-1} \quad \text { and } \quad T x_{2} \in F_{k}
$$

By the construction of projections $Q_{i}$ from Lemma 3,

$$
Q_{k-1} T x=Q_{k-1} T x_{1}+Q_{k-1} T x_{2}=T x_{1}
$$

and

$$
\left(Q_{k}-Q_{k-1}\right) T x=\left(Q_{k}-Q_{k-1}\right) T x_{1}+\left(Q_{k}-Q_{k-1}\right) T x_{2}=T x_{2} .
$$

Since $\left\|Q_{i}\right\| \leq 1+\varepsilon$, hence $\left\|Q_{i}-Q_{i-1}\right\| \leq 2(1+\varepsilon)$. So,

$$
\begin{equation*}
\|T x\| \geq \frac{1}{1+\varepsilon}\left\|Q_{k-1} T x\right\|=\frac{1}{1+\varepsilon}\left\|T x_{1}\right\| \tag{9}
\end{equation*}
$$

and

$$
\begin{equation*}
\|T x\| \geq \frac{1}{2(1+\varepsilon)}\left\|\left(Q_{k}-Q_{k-1}\right) T x\right\|=\frac{1}{2(1+\varepsilon)}\left\|T x_{2}\right\| . \tag{10}
\end{equation*}
$$

Since $\|x\|=1$, we have that

$$
\text { either }\left\|x_{1}\right\| \geq \frac{1}{2} \text { or }\left\|x_{2}\right\| \geq \frac{1}{2} .
$$

If $\left\|x_{1}\right\| \geq \frac{1}{2}$, then by the induction assumption

$$
\begin{aligned}
& \|T x\| \stackrel{\text { by }(9)}{\geq} \frac{1}{1+\varepsilon}\left\|T x_{1}\right\| \geq \frac{1}{1+\varepsilon} \cdot \frac{1}{2} \cdot \frac{1}{4(1+\varepsilon)} \cdot \frac{d_{n_{k-1}}}{c} \\
& \quad \stackrel{\text { by }(4)}{\geq} \frac{1}{2(1+\varepsilon)^{2}} \cdot \frac{1}{4} \cdot \frac{4 d_{n_{k}}}{c} \stackrel{\text { since } \varepsilon<1}{\geq} \frac{1}{4(1+\varepsilon)} \cdot \frac{d_{n_{k}}}{c} .
\end{aligned}
$$

If $\left\|x_{2}\right\| \geq \frac{1}{2}$, then

$$
\|T x\| \stackrel{\text { by }(10)}{\geq} \frac{1}{2(1+\varepsilon)}\left\|T x_{2}\right\| \stackrel{\text { by }(6)}{\geq} \frac{1}{2(1+\varepsilon)} \cdot \frac{1}{2} \cdot \frac{d_{n_{k}}}{c}=\frac{1}{4(1+\varepsilon)} \cdot \frac{d_{n_{k}}}{c} .
$$

Therefore, $\mathbf{3}$ is proved.
4. For every $k \geq 1$ and $n \in N_{k}$

$$
\min \left\{\|T x\|: x \in \operatorname{lin}\left(e_{j}\right)_{1}^{n},\|x\|=1\right\} \geq \frac{1}{4(1+\varepsilon)} \cdot \frac{d_{n}}{c}
$$

Indeed, take $x \in \operatorname{lin}\left(e_{j}\right)_{1}^{n},\|x\|=1$, where $n \in N_{k}$. Then, as in $\mathbf{3}, x=x_{1}+x_{2}$, $x_{1} \in \operatorname{lin}\left(E_{i}\right)_{1}^{k-1}, x_{2} \in E_{k} ;$ either $\left\|x_{1}\right\| \geq \frac{1}{2}$ or $\left\|x_{2}\right\| \geq \frac{1}{2} ; T x_{1} \in \operatorname{lin}\left(F_{i}\right)_{1}^{k-1}$, $T x_{2} \in F_{k}$, and the inequalities (9), (10) hold.

If $\left\|x_{1}\right\| \geq \frac{1}{2}$, then

$$
\|T x\| \geq \text { by } \mathbf{3} \geq \frac{1}{4(1+\varepsilon)} \cdot \frac{d_{n_{k-1}}}{c} \geq \frac{1}{4(1+\varepsilon)} \cdot \frac{d_{n}}{c} .
$$

If $\left\|x_{2}\right\| \geq \frac{1}{2}$, then

$$
\|T x\| \stackrel{\text { by }(10)}{\geq} \frac{1}{2(1+\varepsilon)}\left\|T x_{2}\right\|=\frac{1}{2(1+\varepsilon)}\left\|D_{k} x_{2}\right\| \stackrel{\text { by }(6)}{\geq} \frac{1}{4(1+\varepsilon)} \cdot \frac{d_{n}}{c} .
$$

Therefore, $\mathbf{4}$ is proved.
Put $b=\max \{3 c d, 4(1+\varepsilon) c\}$. Inequality $\mathbf{4}$ shows that for all $n$

$$
b_{n}(T) \geq b^{-1} d_{n}
$$

Let $G \subset X$ be an $n$-dimensional subspace and $n \in N_{k}$. Then, by Remark 4 ,

$$
G \cap\left(\left[e_{j}\right]_{n}^{n_{k}} \oplus \cap_{i=1}^{k} \operatorname{ker} P_{i}\right) \neq 0 .
$$

So, the inequality 4 confirms that for all $n$

$$
\min _{x \in S_{G}}\|T x\| \leq b d_{n},
$$

i.e.

$$
b_{n}(T) \leq b d_{n} .
$$

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