Professional orientation work of teachers as an important factor conscious future professional choice of senior school students



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The choice of the profession is one of the most important life choices that a person makes at a young age, and choosing a profession he or she chooses his or her lifestyle. A labour activity is the most significant area of individual's self-realization and self-identity, it provides his potential opportunities and abilities. Nowadays, there is a situation on the labour market when companies employ young people with precaution and they often remain unclaimed there.

In modern society, which is developing and changing fast, the students' professional self-determination is often spontaneous. At the same time our society needs a business, active and enterprising person capable to realize himself or herself in a professional sphere and interpersonal relationships. In these conditions a school must provide these qualities and opportunities for the professional self-determination of the younger generation.

To make the right career choice students should know the most popular modern professions, requirements needed to obtain a certain profession; examine himself (herself), his (her) individual abilities, thinking ability, nervous system, temperament, character. The earlier the work focused on the development of preparedness to the conscious career choice starts, the more effective it is.

The process of passing consistent career guidance promotes the assimilation of socially significant issues: getting skills, as crafts and skills in research, interpersonal communication, expanding horizons in the field of professions and expertise in the area of educational establishments in a town or city.

The problems of career guidance and training are studied by L.I. Bozhovich, L.P. Buyev, G.S. Hlysserman,

A.G. Zdravomyslova, V.A. Krutetskiy, A.N. Leont'yev, K.K. Platonov, S.G. Strumyllin, P.P. Tugarin, V.A. Yadov.

The essence of career guidance is revealed in the studies of T.A. Shyshkovets, V.S. Mukhina, E.Zeyer etc.

The works of G.V. Ryazapkin, N.V. Teltevska, N.S. Pryazhnykov are dedicated to the problem of formation of professional orientation in self determination of juveniles in terms of a secondary school.

Thus, the above mentioned facts confirm the topicality of career guidance in educational institutions, especially in secondary schools.

Let's consider the concept of «career guidance». According to E.F. Zeyer, a career guidance is a scientifically based system of socio-economic, psychological and pedagogical, biomedical and industrial and technical measures to provide young learners with individual-oriented aid in the identification and development of abilities and aptitudes, professional and cognitive interests in the choice of a profession, and the formation of needs and willingness to work in a market conditions and in the conditions of different forms of ownership and entrepreneurship [4, P. 19].

Analyzing the work of the Mykolayiv specialized school «The Academy of Children's Creativity», it should be noted that according to the annual working plan for 2013/2014 academic school year – a vocational work with students is an important part of the educational process.

Thirty-three graduates finished the eleventh grade and eighty-four graduates finished the ninth grade in 2014. The analysis of the choice of the graduates' educational establishments shows the positive results of students' career guidance: the eleventh form graduates successfully passed their testing and planned to

study in higher educational establishments of different levels of accreditation in economic, philological, computer, medical, technical directions. The survey of the 11th-graders showed that students considered themselves fully competitive in comparison with the graduates of other schools, 90% of graduates continued their studying in the universities of the III–IV accreditation levels. Today's graduates choose professions which give a high income and are prestigious such as designers, hairdressers, directors, actors, managers, lawyers, translators and others.

After analyzing the results of the admission campaign in Mykolaiv V.O. Sukhomlinsky National University for the last three years and the fruitful work to achieve the objectives of the cooperation agreement between the two institutions, it was found that the graduates of the Mykolayiv specialized school «The Academy of Children's Creativity» are the annual entrants of a fore mentioned institution. This fact prompted us to study the career guidance experience of the given school.

The purpose of this article is to analyze the work of the teaching staff of the Mykolayiv specialized school «The Academy of Children's Creativity» and highlight the factors contributing to the conscious choice of profession by the senior students of this educational establishment.

V.S. Mukhina believes that the general purpose of the system of career guidance is to prepare students for the informed choice of profession that satisfies both personal interests and common needs. The system of career guidance, according to her point of view, includes the following main components: goals and objectives, main directions, as well as forms and methods of students' career guidance [1, P. 37]. This goal is realized in the Mykolayiv specialized school «The Academy of Children's Creativity» in the programme of the course «The development of a creative person» for the students of the secondary and high school for 5–11 grades.

Among the goals of career guidance LA. Yovaysha singles out the following:

- providing career guidance support to students in choosing areas for future professional activities;
- the development of students' conscious attitude toward labor, professional self-determination in freedom of choice of areas according to their capabilities, abilities and with the requirements of the labor market [2, P. 122]. The above mentioned objectives are reflected in the special school courses: «Specialization (performing arts, music arts, arts and crafts)».

The main tasks of career guidance according to V.S. Mukhina are the following:

- the gradual formation of students' internal preparedness to the self-conscious structure, adjustment and implementation of the perspectives of their professional development;
- creating a positive attitude to work as a value in life;

- the development of cognitive interest in various areas of work:
- providing moral and ethical support to students (forming an optimistic attitude towards their professional future);
- the formation of such traits of character as purposefulness, adventurousness, efficiency;
- the diagnosis of values, attitudes when choosing a profession, professional inclinations;
- the development of the program of student's professional choice [1, P. 47]. These tasks are solved on career guidance subjects of the invariant component in the Mykolayiv specialized school «The Academy of Children's Creativity».

The principles of career guidance in the school are the following:

- regularity and continuity career guidance should not be limited to only the work with senior students. This work is performed from the first to the last grade of studying;
- differentiated and individual approach to students, depending on the age and the level of their interests, the difference in their value orientations and life plans, the level of success;
- optimal combination of mass, group and individual forms of career guidance with students and parents;
- the relationship among the school and a family, professional schools, youth career counseling centers, employment services, community youth organizations; the career guidance relationships with life (an organic unity with the needs of society in employees).

These principles of career guidance are realized in the Mykolayiv specialized school «The Academy of Children's Creativity» not only during the lessons but also in the extracurricular activities (Table 1).

Taking into consideration the student' age and psychological characteristics the following phases, contents of career guidance in school can be highlighted:

- **1–4 grades** the formation in the younger pupils values related to work, understanding of their role in human life and society, the development of interest in the educational and cognitive activities, based on the possible practical involvements in its various types, including social, labor, gaming, research activities.
- **5–8 grades** the development of students' personal meaning in acquiring educational experience and interest in professional activities, representation of individual interests and capabilities; obtaining of initial experience in various fields of social and professional practice: engineering, art, medicine, agriculture, economy and culture. This helps students to perform professional endeavors, allowing relating their individual needs with opportunities that are presented to a person by the professional activities.
- **9 grade** the clarification of educational needs during the elective courses and other optional courses, the group and individual counselling to identify and form an adequate decision on the choice of education

DIRECTIONS					
A person – A person	A person - Machinery	A person –Nature	A person-A sign system	A person – An image	A health of a person
«School of Leaders» 8–10 grades.	The workshop of Day care «Skill- ful hands» 1-4 grades.	The section of school scientific community «Ecology» 8–11 grades.	Intellectual Club «Erudite» 6–10 grades.	The workshop «The theatre of fashion» 8–11 grades.	Sports section in volleyball 6–9 grades.
The section of school scientific community «Regional studies» 7–11 grades.	The workshop «A researcher» 9–11 grades.	The workshop «A young biologist» 10 grade.	The optional subject «Economic knowledge» 8–10 grades	The workshop «Puppet theatre» 2-4 grades.	Sports section «Eastern martial arts» 6–9 grades.
The groups of learning foreign languages 5–11 grades.	The special elective course «Arts and crafts» 5–11 grades.			The theatrical circle «The Theatre of Academy of Arts (TAA)» 1–5 grades.	Sports section «Football» 5–11 grades.
The section of school scientific community «Ukrainian philology» 9-11 grades.				Choreographic sections 1–11 grades.: «Lights of Ukraine» «Jump» «Souvenir» «Restless	The section of sports choreography «Magnolia» 5–10 grades
The special course «The development of creative thinking" 1–4 grades.				The workshop «Drawing and painting» 2–6 grades.	
The workshop «The development of a creative person» 5–11 grades.				The section of playing the wind instruments - «Vatra»; The section of playing the folk instruments 5–11 grades.	

Table 1. The organization of a profile training through extracurricular activities in the Mykolayiv specialized school «The Academy of Children's Creativity»

profile, to form an educational inquiry, which corresponds to the students' interests and abilities, values;

10–11 grades – actions of self-learning and self-development, the formation of professional qualifications in their chosen labor, adjustment of professional plans, the assessment of readiness for the selected activity.

The system of career guidance includes activities in the following areas:

- 1. Professional education (career guidance information and career guidance propaganda) is a propaganda of professions in various forms and means: cinema, radio, television, books, lectures.
 - 2. Profesiography.
 - 3. The professional diagnostics.
 - 4. Professional advice.
 - 5. Professional choice.
 - 6. Social and professional adaptation [3, P. 116].

The career guidance during the academic year was based on the following areas: the definition of professional aptitudes, the assistance in career guidance, questionnaires, interviews, the participation in subject weeks, the meeting with employees, the excursions to the plants «Sandora», «Lactalis», «Velam», to Marine Trade Port. The consistent work with the employment centre in the Leninsky district allowed organizing

career guidance in this school efficiently and effectively. The pupils visited Fairs of professions, they took part in the career guidance actions for the disabled children, they worked with information terminal. It should be noted that career guidance in the Mykolayiv specialized school «The Academy of Children's Creativity» is realized through the effective use of the following methods.

Social workers, Red Cross workers and students of educational institutions of different levels of accreditation are involved in career guidance. During the academic year there were meetings of the students of the Mykolayiv specialized school «The Academy of Children's Creativity» with the workers of Mykolaiv Philharmonic, Mykolayiv Russian drama theatre, the music school, the college of culture, the music faculty of Mykolayiv V.O. Sukhomlinsky National University. The students of the 9th and 11th grades attended the Days of open door in Mykolayiv branch of Kyiv National University of Culture and Arts, Mykolayiv V.O. Sukhomlinsky National University, University «Ukraine», Mykolayiv Trade College, National University of Shipbuilding named after Makarov, Slavic University, P. Mohila National Humanities University, Mykolayiv National Agrarian University, Fairs of professions, exhibitions «Education».

Summarizing the work of the teaching staff of the Mykolayiv specialized school «The Academy of Children's Creativity» concerning the problem of career guidance, it is important to point out the results of students' choice of the further education, which are the following: 70% of graduates of the 9th grade will continue their studying in the 10th grade in this school and on the basis of the newly created institution Mykolayiv Municipal Academic College on specialty «Acting art» and «Arts and Crafts». Other students are planning to study at different colleges of the city. The participation in the subject Olympiads, in the Junior Academy of Science, the involvement in various creative competitions and festivals of different levels play an important role in the career-oriented education, too.

Figure 1. The choice of further education of the graduates of the 9th grade of the Mykolayiv specialized school «The Academy of Children's Creativity»

Summarizing the results of the career guidance work of the teachers of the Mykolayiv specialized school «The Academy of Children's Creativity», it should be noted that in this school the whole career guidance system is built to enable students to realize their creative and professional skills not only in studying at school, but also in further choice of studying. This allows each child to realize his natural abilities, to reveal his identity and his ability to adapt to future work and life. One thing is clear that the right choice of profession is a moral satisfaction and high self-esteem, it is the point where the interests of a person and the interests of the society coincide, and where there is a possible combination of personal and general interests. So, the final stage of psychological and practical training of students for employment is their proper career guidance. The qualitative professional orientation of students is a high result of the purposeful work of the all teaching staff of the educational complex «The Academy of Children's Creativity».

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The article deals with the problem of career guidance. It analyzes the work of the teaching staff of the Mykolayiv specialized school «The Academy of Children's Creativity» and highlights the factors contributing to the conscious choice of profession by the senior students of this educational establishment.

Keywords: career guidance, choice of profession, labour market, individual abilities

Римма МАЙБОРОДА

Профорієнтаційна робота педагогів як важливий чинник свідомого майбутнього професійного вибору старшокласників

У статті досліджується проблема профорієнтації. Автор аналізує роботу педагогічного колективу Миколаївської спеціалізованої школи «Академії дитячої творчості» та висвітлює чинники, які сприяють свідомому вибору професії старшокласників цього навчального закладу.

Ключові слова: профорієнтація, вибір професії, ринок праці, індивідуальні здібності.

Римма МАЙБОРОДА

Профориентационная работа педагогов как важный фактор сознательного будущего профессионального выбора старшеклассников

В статье исследуется проблема профориентации. Автор анализирует работу педагогического коллектива в Николаевской специализированной школе «Академия детского творчества» и освещает факторы, влияющие на сознательный выбор профессии старшеклассниками этого учебного заведения.

Ключевые слова: профориентация, выбор профессии, рынок труда, индивидуальные способности